

# **2015 Nevada Middle School Youth Risk Behavior Survey (YRBS): Washoe County Analysis**



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## INTRODUCTION

Priority health risk behaviors (i.e. preventable behaviors that contribute to the leading causes of morbidity and mortality) are often established during childhood and adolescence and extend into adulthood. Ongoing surveillance of youth risk behaviors is critical for the design, implementation, and evaluation of public health interventions to improve adolescent health. The Youth Risk Behavior Survey (YRBS) is a national surveillance system that was established in 1991 by the Centers for Disease Control and Prevention (CDC) to monitor the prevalence of health risk behaviors among youth. YRBS data are routinely collected on high school students, but only a few states collect data on middle school students. In 2015 the Nevada Division of Public and Behavioral Health contracted with the University of Nevada, Reno, School of Community Health Sciences to conduct the YRBS in *all* middle schools throughout the state.

The Nevada Middle School YRBS is an anonymous and voluntary survey of students in 6<sup>th</sup> through 8<sup>th</sup> grade in regular public, charter, and alternative schools. The survey asks students to self-report their behaviors in five major areas of health that directly lead to morbidity and mortality, these include:

- 1) Behaviors that contribute to unintentional injuries and violence;
- 2) Tobacco use;
- 3) Alcohol and other drug use;
- 4) Unhealthy dietary behaviors; and
- 5) Physical inactivity.

The 2015 Nevada Middle School YRBS: Washoe County Analysis provides data to assess priority health-risk behaviors among middle school students in Washoe County; measure progress toward achieving national health objectives for *Healthy People 2020* and other program and policy indicators; and evaluate the impact of broad school and community interventions at the national, state, and local level. It is our intention that these data will be used by education and health professionals, policy makers, community members, and researchers in Washoe County to improve the health of middle school students.

## METHODS

### **Sampling, Weighting, and Analysis**

The 2015 Nevada YRBS sampling plan was designed to ensure that every eligible student had an equal chance of selection. A two-stage (region and classroom) cluster sample design to produce a representative sample of students in grades 6-8 (all regular public, charter, and alternative middle schools). In Washoe County, all schools were selected for participation. In the second sampling stage, classes were selected within schools with the probability based on a required margin of error in the sample size for each region. Intact classes of second period courses were randomly selected from each school. The questionnaire was administered to all students in sampled classes from March to April, 2015.

The 2015 Washoe County YRBS data were weighted at the regional level based on the sex, race/ethnicity, and grade level of students in Washoe County. The weighting process ensured that the estimates accurately represent the entire student population in. Non-response or poor sampling procedures can result in a sample that is not a representative subset of the population; therefore un-weighted results from these samples may not accurately reflect student behaviors and could be misleading. This report only displays weighted results that are representative of Washoe County middle school students.

## Permission Status and Response Rates

Parental permission is required for YRBS participation. Nevada school districts have two forms of parental permission: 1) active and 2) passive. *Active parental permission* means the students must return a signed permission form indicating their parent or guardian's approval for participation in the survey. *Passive parental permission* means the students take a permission form home and return it only if their parent or guardian does not want them to participate in the survey. The type of permission status varies by district based on school district policy. Active permission requires more time and resources and may reduce the number of students that participate in the survey. In 2015, Washoe County used passive parental permission. Overall, 1,183 youth from 16 schools completed the survey with a response rate of 80.1%

## SUMMARY HIGHLIGHTS

**\*Please note:** The YRBS *middle school* survey uses different questions and response time periods than the *high school* survey. Very few questions can be directly compared.

### Safety

- 60.4% of middle school students rarely or never wore a helmet while riding a bicycle.
- 70.4% of middle school students rarely or never wore a helmet while rollerblading or skateboarding.
- 20.8% of middle school students rode in a car or other vehicle driven by someone who had been drinking alcohol during the past 30 days.

### Violence-Related Behaviors

- 44.9% of middle school students were ever in a physical fight.
- 11.7% of middle school students were in a physical fight on school property during the past 12 months.
- 6.4% of middle school students were a member of a gang during the past 12 months.
- 46.1% of middle school students were ever bullied on school property.
- 24.7% of middle school students were ever electronically bullied.

- 13.6% of middle school students did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days.
- 11.5% of middle school students never or rarely felt safe and secure at school.

### **Emotional Health**

- 31.0% of middle school students ever felt sad or hopeless almost every day for two or more weeks in a row.
- 22.1% of middle school students ever seriously considered killing themselves.
- 12.6% of middle school students ever made a plan about how to kill themselves.
- 8.8% of middle school students ever tried killing themselves.
- 18.6% of middle school students ever did something to purposely hurt themselves without wanting to die.

### **Tobacco Use**

- 14.4% of middle school students ever tried cigarette smoking.
- 3.7% of middle school students smoked cigarettes during the past 30 days.
- 2.0% of middle school students used smokeless tobacco during the past 30 days.

### **Electronic Vapor Product Use**

- 28.6% of middle school students ever used electronic vapor products.
- 12.3% of middle school students used electronic vapor products during the past 30 days.

### **Alcohol Use**

- 28.1% of middle school students ever had a drink of alcohol.
- 9.4% of middle school student drank alcohol during the past 30 days.
- 3.0% of middle school students participated in binge drinking during the past 30 days.

### **Marijuana and Other Drugs**

- 12.0% of middle school students ever used marijuana.
- 4.4% of middle school students ever used synthetic marijuana.
- 3.8% of middle school students ever took prescription drugs without a doctor's prescription.
- 2.9% of middle school students ever used cocaine.
- 6.6% of middle school students ever used inhalants.
- 2.1% of middle school students ever used methamphetamines.

### **Diet**

- 12.8% of middle school students did not eat breakfast during the past 7 days.
- 3.5% of middle school students most of the time or always go hungry because there is not enough food in their house and 11.2% sometimes go hungry because there is not enough food in the house.



### **Physical Activity**

- 10.9% of middle school students did not participate in at least 60 of physical activity on any day during the past 7 days.
- 26.2% of middle school students watched three or more hours of television per day on an average school day.
- 33.9% of middle school students played video or computer games or used a computer for three or more hours per day on an average school day.
- 66.2% of middle school students attend physical education (PE) classes on one or more days in an average week when they were in school.
- 40.7% of middle school students did not get at least 8 hours of sleep on an average school night.

### **Weight**

- 20.8% of middle school students describe themselves as slightly or very overweight.
- 38.4% of middle school students were trying to lose weight.

### **Resilience**

- 68.1% of middle school students had parents or other adults who most of the time/always asked where they were going or who they were with.
- 53.7% of middle school students had parents or other adults that ever talked to them about what they expect them to do or not to do when it comes to sex.

## RESULTS

### Participant Characteristics

**Table 1: Demographic characteristics of participating students, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Student Participants <sup>a</sup>	Unweighted %	Weighted %
<b>Total</b>		1183	100%	100%
<b>Sex</b>	<b>Female</b>	584	49.5%	49.2%
	<b>Male</b>	597	50.5%	50.8%
<b>Age Groups</b>	<b>11 years old or younger</b>	56	4.7%	13.1%
	<b>12 years old</b>	337	28.5%	32.8%
	<b>13 years old</b>	512	43.3%	33.0%
	<b>14 years old</b>	277	23.4%	21.1%
<b>Grade</b>	<b>6<sup>th</sup></b>	121	10.4%	31.6%
	<b>7<sup>th</sup></b>	610	52.2%	34.1%
	<b>8<sup>th</sup></b>	438	37.5%	34.2%
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	28	2.5%	4.0%
	<b>Asian<sup>d</sup></b>	44	2.9%	1.1%
	<b>Black<sup>d</sup></b>	38	3.4%	2.3%
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	24	2.1%	1.7%
	<b>White<sup>d</sup></b>	501	44.2%	45.4%
	<b>Hispanic/Latino</b>	443	39.1%	40.0%
	<b>Other/Multiple<sup>d</sup></b>	56	4.9%	5.5%

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>d</sup> Non-Hispanic

**Table 2: Percentage of middle school students who have parents or other adults in family serving on active duty in the military, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	169	15.8%	(13.2-18.3)	991	84.2%	(81.7-86.8)
<b>Sex</b>	<b>Female</b>	82	15.3%	(11.8-18.9)	495	84.7%	(81.1-88.2)
	<b>Male</b>	87	16.2%	(12.2-20.2)	494	83.8%	(79.8-87.8)
<b>Age</b>	<b>11 years old or younger</b>	8	16.0%	(7.9-24.2)	48	84.0%	(75.8-92.1)
	<b>12 years old</b>	45	16.3%	(10.1-22.5)	286	83.7%	(77.5-89.9)
	<b>13 years old</b>	79	16.2%	(12.8-19.5)	421	83.8%	(80.5-87.2)
	<b>14 years old</b>	37	14.1%	(8.4-19.8)	235	85.9%	(80.2-91.6)
<b>Grade</b>	<b>6th grade</b>	18	17.2%	(11.8-22.5)	101	82.8%	(77.5-88.2)
	<b>7th grade</b>	87	15.3%	(12.0-18.6)	511	84.7%	(81.4-88.0)
	<b>8th grade</b>	61	14.3%	(9.9-18.8)	368	85.7%	(81.2-90.1)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	8	29.6%	(8.8-50.5)	20	70.4%	(49.5-91.2)
	<b>Asian<sup>d</sup></b>	1	2.3%	(0.0-7.0)	43	97.7%	(93.0-100.0)
	<b>Black<sup>d</sup></b>	4	10.8%	(0.0-21.5)	33	89.2%	(78.5-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	3	13.2%	(2.1-24.4)	21	86.8%	(75.6-97.9)
	<b>White<sup>d</sup></b>	71	15.4%	(10.9-19.9)	424	84.6%	(80.1-89.1)
	<b>Hispanic/Latino</b>	65	14.7%	(10.7-18.8)	369	85.3%	(81.2-89.3)
	<b>Other/Multiple<sup>d</sup></b>	11	21.3%	(6.9-35.8)	45	78.7%	(64.2-93.1)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

**Table 3: Percentage of middle school students who have lived in Nevada for less than a year, 1-4 years, 5-6 years, and 7 or more years, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Less than 1 year			1 to 2 years			3 to 6 years			7 or more years		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Overall Total</b>	<b>Total</b>	40	4.1%	(2.3-5.9)	51	3.9%	(2.6-5.3)	144	10.9%	(8.5-13.3)	941	81.0%	(77.9-84.1)
<b>Sex</b>	<b>Female</b>	22	4.9%	(1.7-8.2)	29	5.0%	(2.6-7.5)	78	10.9%	(8.1-13.6)	450	79.2%	(73.5-84.8)
	<b>Male</b>	18	3.4%	(0.9-5.8)	22	2.9%	(1.5-4.3)	66	10.9%	(6.7-15.2)	489	82.8%	(79.2-86.4)
<b>Age</b>	<b>11 years old or younger</b>	3	6.5%	(0.3-12.7)	3	5.2%	(1.4-9.0)	3	4.5%	(0.0-9.0)	47	83.8%	(76.7-90.9)
	<b>12 years old</b>	10	4.2%	(0.0-8.6)	11	2.5%	(0.4-4.7)	43	13.0%	(8.1-18.0)	271	80.2%	(73.7-86.8)
	<b>13 years old</b>	19	4.1%	(2.2-5.9)	23	4.3%	(2.6-6.0)	70	12.7%	(9.6-15.8)	396	78.9%	(74.7-83.2)
	<b>14 years old or older</b>	8	2.7%	(0.4-5.0)	14	4.7%	(2.3-7.2)	28	8.8%	(5.7-11.9)	226	83.8%	(78.7-88.9)
<b>Grade</b>	<b>6th grade</b>	6	5.9%	(0.6-11.3)	4	3.1%	(0.0-6.4)	11	10.0%	(3.4-16.6)	100	80.9%	(72.9-88.9)
	<b>7th grade</b>	20	3.4%	(1.9-4.8)	26	4.0%	(2.6-5.5)	84	12.7%	(10.7-14.7)	477	79.9%	(77.1-82.7)
	<b>8th grade</b>	13	3.0%	(1.1-4.8)	21	4.7%	(2.9-6.6)	47	10.1%	(6.8-13.4)	353	82.2%	(77.9-86.5)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	2	13.7%	(0.0-33.4)	0	.	(.-)	3	7.3%	(0.0-15.6)	23	79.1%	(59.0-99.1)
	<b>Asian<sup>d</sup></b>	0	.	(.-)	2	2.9%	(0.0-7.4)	8	13.0%	(2.1-23.9)	34	84.1%	(71.6-96.5)
	<b>Black<sup>d</sup></b>	1	2.0%	(0.0-6.3)	5	12.0%	(0.4-23.7)	11	21.5%	(1.9-41.2)	21	64.4%	(44.4-84.4)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	2	8.6%	(0.0-20.9)	2	8.1%	(0.0-17.8)	1	3.2%	(0.0-9.7)	19	80.1%	(65.0-95.2)
	<b>White<sup>d</sup></b>	19	4.0%	(1.4-6.7)	17	3.3%	(1.8-4.8)	58	11.6%	(8.4-14.8)	405	81.1%	(77.4-84.8)
	<b>Hispanic/Latino</b>	12	3.4%	(1.0-5.8)	21	4.5%	(2.2-6.7)	46	10.3%	(6.9-13.6)	359	81.8%	(77.5-86.1)
	<b>Other/Multiple<sup>d</sup></b>	3	3.5%	(0.0-7.6)	3	3.9%	(0.0-8.5)	7	9.0%	(2.2-15.9)	43	83.6%	(74.8-92.4)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

**Table 4: Percentage of middle school students who qualify or get free and reduced lunch at school, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	393	34.4%	(27.1-41.6)	773	65.6%	(58.4-72.9)
<b>Sex</b>	<b>Female</b>	204	36.9%	(27.2-46.7)	372	63.1%	(53.3-72.8)
	<b>Male</b>	189	31.9%	(25.5-38.3)	400	68.1%	(61.7-74.5)
<b>Age</b>	<b>11 years old or younger</b>	15	26.4%	(11.9-40.9)	41	73.6%	(59.1-88.1)
	<b>12 years old</b>	118	37.4%	(25.7-49.2)	216	62.6%	(50.8-74.3)
	<b>13 years old</b>	175	37.0%	(30.4-43.6)	327	63.0%	(56.4-69.6)
	<b>14 years old</b>	85	30.4%	(21.2-39.6)	189	69.6%	(60.4-78.8)
<b>Grade</b>	<b>6th grade</b>	39	33.4%	(15.5-51.2)	82	66.6%	(48.8-84.5)
	<b>7th grade</b>	218	38.5%	(29.4-47.6)	382	61.5%	(52.4-70.6)
	<b>8th grade</b>	133	31.5%	(23.3-39.7)	299	68.5%	(60.3-76.7)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	10	43.0%	(19.0-67.0)	17	57.0%	(33.0-81.0)
	<b>Asian<sup>d</sup></b>	7	11.5%	(0.0-23.0)	37	88.5%	(77.0-100.0)
	<b>Black<sup>d</sup></b>	15	32.8%	(11.7-54.0)	23	67.2%	(46.0-88.3)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	7	27.4%	(6.6-48.2)	17	72.6%	(51.8-93.4)
	<b>White<sup>d</sup></b>	86	17.4%	(9.4-25.4)	413	82.6%	(74.6-90.6)
	<b>Hispanic/Latino</b>	238	53.9%	(45.5-62.2)	197	46.1%	(37.8-54.5)
	<b>Other/Multiple<sup>d</sup></b>	18	35.1%	(19.1-51.1)	37	64.9%	(48.9-80.9)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

**Table 5: Percentage of middle school students who made mostly A's or B's in school,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	750	68.7%	(63.9-73.5)	357	31.3%	(26.5-36.1)
<b>Sex</b>	<b>Female</b>	396	71.6%	(65.1-78.1)	155	28.4%	(21.9-34.9)
	<b>Male</b>	353	66.0%	(59.6-72.3)	201	34.0%	(27.7-40.4)
<b>Age</b>	<b>11 years old or younger</b>	42	78.4%	(60.2-96.6)	12	21.6%	(3.4-39.8)
	<b>12 years old</b>	205	66.9%	(60.1-73.7)	106	33.1%	(26.3-39.9)
	<b>13 years old</b>	309	65.0%	(58.6-71.3)	165	35.0%	(28.7-41.4)
	<b>14 years old</b>	193	71.1%	(63.2-78.9)	74	28.9%	(21.1-36.8)
<b>Grade</b>	<b>6th grade</b>	82	73.1%	(63.1-83.1)	31	26.9%	(16.9-36.9)
	<b>7th grade</b>	366	64.4%	(58.1-70.6)	195	35.6%	(29.4-41.9)
	<b>8th grade</b>	295	68.9%	(61.6-76.3)	126	31.1%	(23.7-38.4)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	13	64.1%	(44.0-84.3)	12	35.9%	(15.7-56.0)
	<b>Asian<sup>d</sup></b>	38	93.9%	(87.1-100.0)	4	6.1%	(0.0-12.9)
	<b>Black<sup>d</sup></b>	21	58.6%	(42.9-74.2)	13	41.4%	(25.8-57.1)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	15	69.0%	(52.4-85.6)	8	31.0%	(14.4-47.6)
	<b>White<sup>d</sup></b>	354	74.0%	(67.0-81.0)	124	26.0%	(19.0-33.0)
	<b>Hispanic/Latino</b>	239	59.5%	(54.2-64.9)	172	40.5%	(35.1-45.8)
	<b>Other/Multiple<sup>d</sup></b>	45	91.1%	(84.0-98.3)	7	8.9%	(1.7-16.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> During the 12 months before the survey.

Safety

**Table 6: Percentage of middle school students who rarely or never wore a bicycle helmet,\* by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	602	60.4%	(53.2-67.7)	371	39.6%	(32.3-46.8)
<b>Sex</b>	<b>Female</b>	275	59.2%	(50.8-67.6)	178	40.8%	(32.4-49.2)
	<b>Male</b>	327	61.5%	(54.2-68.9)	193	38.5%	(31.1-45.8)
<b>Age</b>	<b>11 years old or younger</b>	23	44.3%	(23.9-64.6)	28	55.7%	(35.4-76.1)
	<b>12 years old</b>	183	61.7%	(50.8-72.7)	101	38.3%	(27.3-49.2)
	<b>13 years old</b>	250	63.7%	(57.8-69.6)	158	36.3%	(30.4-42.2)
	<b>14 years old</b>	146	64.4%	(52.8-76.0)	84	35.6%	(24.0-47.2)
<b>Grade</b>	<b>6th grade</b>	55	52.5%	(35.7-69.2)	52	47.5%	(30.8-64.3)
	<b>7th grade</b>	312	63.7%	(56.9-70.5)	187	36.3%	(29.5-43.1)
	<b>8th grade</b>	228	65.4%	(55.9-74.9)	128	34.6%	(25.1-44.1)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	20	80.3%	(65.1-95.6)	7	19.7%	(4.4-34.9)
	<b>Asian<sup>d</sup></b>	15	35.9%	(20.3-51.5)	17	64.1%	(48.5-79.7)
	<b>Black<sup>d</sup></b>	23	73.4%	(54.7-92.1)	10	26.6%	(7.9-45.3)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	12	65.4%	(42.6-88.2)	7	34.6%	(11.8-57.4)
	<b>White<sup>d</sup></b>	212	44.8%	(34.3-55.4)	226	55.2%	(44.6-65.7)
	<b>Hispanic/Latino</b>	271	78.2%	(71.9-84.4)	65	21.8%	(15.6-28.1)
	<b>Other/Multiple<sup>d</sup></b>	26	56.8%	(38.2-75.5)	25	43.2%	(24.5-61.8)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

**Table 7: Percentage of middle school students who rarely or never wore a helmet while roller blading or skateboarding,\* by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	421	70.4%	(63.1-77.7)	169	29.6%	(22.3-36.9)
<b>Sex</b>	<b>Female</b>	212	71.1%	(63.2-79.0)	79	28.9%	(21.0-36.8)
	<b>Male</b>	209	69.7%	(60.6-78.8)	90	30.3%	(21.2-39.4)
<b>Age</b>	<b>11 years old or younger</b>	13	62.9%	(40.8-85.1)	9	37.1%	(14.9-59.2)
	<b>12 years old</b>	122	68.6%	(57.7-79.6)	52	31.4%	(20.4-42.3)
	<b>13 years old</b>	191	74.1%	(67.9-80.3)	68	25.9%	(19.7-32.1)
	<b>14 years old</b>	95	70.8%	(59.3-82.3)	40	29.2%	(17.7-40.7)
<b>Grade</b>	<b>6th grade</b>	37	65.4%	(47.0-83.7)	21	34.6%	(16.3-53.0)
	<b>7th grade</b>	230	73.4%	(67.4-79.5)	86	26.6%	(20.5-32.6)
	<b>8th grade</b>	148	71.9%	(62.5-81.4)	60	28.1%	(18.6-37.5)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	10	69.9%	(43.5-96.4)	4	30.1%	(3.6-56.5)
	<b>Asian<sup>d</sup></b>	12	53.3%	(37.9-68.6)	9	46.7%	(31.4-62.1)
	<b>Black<sup>d</sup></b>	16	93.9%	(84.2-100.0)	2	6.1%	(0.0-15.8)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	9	75.7%	(47.0-100.0)	3	24.3%	(0.0-53.0)
	<b>White<sup>d</sup></b>	169	60.2%	(52.2-68.1)	106	39.8%	(31.9-47.8)
	<b>Hispanic/Latino</b>	166	84.9%	(77.4-92.4)	29	15.1%	(7.6-22.6)
	<b>Other/Multiple<sup>d</sup></b>	24	60.7%	(41.1-80.4)	11	39.3%	(19.6-58.9)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic



**Table 8: Percentage of middle school students who rarely or never wore a seat belt,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	52	4.1%	(2.4-5.8)	1126	95.9%	(94.2-97.6)
<b>Sex</b>	<b>Female</b>	17	4.0%	(1.6-6.4)	564	96.0%	(93.6-98.4)
	<b>Male</b>	35	4.3%	(1.9-6.6)	560	95.7%	(93.4-98.1)
<b>Age</b>	<b>11 years old or younger</b>	2	4.2%	(0.0-11.1)	54	95.8%	(88.9-100.0)
	<b>12 years old</b>	14	3.6%	(0.6-6.6)	322	96.4%	(93.4-99.4)
	<b>13 years old</b>	20	3.8%	(2.0-5.6)	488	96.2%	(94.4-98.0)
	<b>14 years old</b>	16	5.4%	(2.0-8.7)	261	94.6%	(91.3-98.0)
<b>Grade</b>	<b>6th grade</b>	3	3.1%	(0.0-7.1)	117	96.9%	(92.9-100.0)
	<b>7th grade</b>	32	5.4%	(3.4-7.4)	576	94.6%	(92.6-96.6)
	<b>8th grade</b>	15	3.5%	(1.2-5.8)	421	96.5%	(94.2-98.8)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	1	10.3%	(0.0-29.6)	27	89.7%	(70.4-100.0)
	<b>Asian<sup>d</sup></b>	0	.	(.-)	44	100.0%	(100.0-100.0)
	<b>Black<sup>d</sup></b>	5	8.5%	(0.0-18.4)	33	91.5%	(81.6-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	0	.	(.-)	24	100.0%	(100.0-100.0)
	<b>White<sup>d</sup></b>	15	2.7%	(0.8-4.7)	484	97.3%	(95.3-99.2)
	<b>Hispanic/Latino</b>	30	5.7%	(3.0-8.4)	412	94.3%	(91.6-97.0)
	<b>Other/Multiple<sup>d</sup></b>	0	.	(.-)	55	100.0%	(100.0-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> When riding in a car driven by someone else.

**Table 9: Percentage of middle school students who ever rode in a car or other vehicle driven by someone who had been drinking alcohol,\* by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	259	20.8%	(17.4-24.2)	901	79.2%	(75.8-82.6)
<b>Sex</b>	<b>Female</b>	139	22.4%	(17.5-27.3)	436	77.6%	(72.7-82.5)
	<b>Male</b>	120	19.2%	(15.6-22.8)	463	80.8%	(77.2-84.4)
<b>Age</b>	<b>11 years old or younger</b>	7	14.6%	(7.5-21.8)	48	85.4%	(78.2-92.5)
	<b>12 years old</b>	64	16.0%	(11.8-20.3)	267	84.0%	(79.7-88.2)
	<b>13 years old</b>	121	25.4%	(21.0-29.8)	380	74.6%	(70.2-79.0)
	<b>14 years old</b>	67	24.8%	(19.3-30.2)	205	75.2%	(69.8-80.7)
<b>Grade</b>	<b>6th grade</b>	15	13.4%	(8.8-18.0)	104	86.6%	(82.0-91.2)
	<b>7th grade</b>	135	23.4%	(19.9-26.8)	463	76.6%	(73.2-80.1)
	<b>8th grade</b>	105	24.5%	(20.4-28.5)	325	75.5%	(71.5-79.6)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	7	18.9%	(4.4-33.4)	20	81.1%	(66.6-95.6)
	<b>Asian<sup>d</sup></b>	3	5.3%	(0.0-12.2)	40	94.7%	(87.8-100.0)
	<b>Black<sup>d</sup></b>	11	28.6%	(10.8-46.4)	27	71.4%	(53.6-89.2)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	5	20.2%	(6.8-33.5)	19	79.8%	(66.5-93.2)
	<b>White<sup>d</sup></b>	106	18.7%	(14.0-23.4)	387	81.3%	(76.6-86.0)
	<b>Hispanic/Latino</b>	106	22.7%	(17.5-27.9)	325	77.3%	(72.1-82.5)
	<b>Other/Multiple<sup>d</sup></b>	15	25.7%	(10.1-41.4)	41	74.3%	(58.6-89.9)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

## Violence-Related Behaviors

**Table 10: Percentage of middle school students who were ever in a physical fight,\* by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	503	44.9%	(40.0-49.7)	666	55.1%	(50.3-60.0)
<b>Sex</b>	<b>Female</b>	167	30.0%	(25.3-34.7)	410	70.0%	(65.3-74.7)
	<b>Male</b>	336	59.3%	(52.2-66.5)	254	40.7%	(33.5-47.8)
<b>Age</b>	<b>11 years old or younger</b>	20	38.1%	(32.3-43.9)	36	61.9%	(56.1-67.7)
	<b>12 years old</b>	124	43.6%	(31.4-55.9)	209	56.4%	(44.1-68.6)
	<b>13 years old</b>	234	47.8%	(41.9-53.7)	270	52.2%	(46.3-58.1)
	<b>14 years old</b>	125	46.5%	(40.2-52.9)	150	53.5%	(47.1-59.8)
<b>Grade</b>	<b>6th grade</b>	52	46.0%	(33.7-58.4)	68	54.0%	(41.6-66.3)
	<b>7th grade</b>	250	41.8%	(35.9-47.6)	353	58.2%	(52.4-64.1)
	<b>8th grade</b>	193	46.5%	(41.2-51.7)	240	53.5%	(48.3-58.8)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	17	54.6%	(29.3-80.0)	10	45.4%	(20.0-70.7)
	<b>Asian<sup>d</sup></b>	9	25.7%	(12.0-39.5)	35	74.3%	(60.5-88.0)
	<b>Black<sup>d</sup></b>	24	64.4%	(50.2-78.6)	13	35.6%	(21.4-49.8)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	7	28.8%	(13.5-44.1)	17	71.2%	(55.9-86.5)
	<b>White<sup>d</sup></b>	194	41.7%	(35.4-48.0)	302	58.3%	(52.0-64.6)
	<b>Hispanic/Latino</b>	202	45.6%	(39.0-52.1)	234	54.4%	(47.9-61.0)
	<b>Other/Multiple<sup>d</sup></b>	29	59.5%	(41.0-78.0)	27	40.5%	(22.0-59.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

**Table 11: Percentage of middle school students who were ever injured in a physical fight,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	60	6.7%	(4.2-9.3)	1108	93.3%	(90.7-95.8)
<b>Sex</b>	<b>Female</b>	15	4.1%	(1.5-6.6)	563	95.9%	(93.4-98.5)
	<b>Male</b>	45	9.3%	(5.2-13.5)	543	90.7%	(86.5-94.8)
<b>Age</b>	<b>11 years old or younger</b>	3	6.5%	(0.0-14.2)	53	93.5%	(85.8-100.0)
	<b>12 years old</b>	11	8.0%	(1.5-14.4)	323	92.0%	(85.6-98.5)
	<b>13 years old</b>	32	6.2%	(3.7-8.7)	471	93.8%	(91.3-96.3)
	<b>14 years old</b>	14	5.8%	(2.5-9.0)	260	94.2%	(91.0-97.5)
<b>Grade</b>	<b>6th grade</b>	12	11.4%	(4.2-18.6)	108	88.6%	(81.4-95.8)
	<b>7th grade</b>	26	3.8%	(2.4-5.2)	577	96.2%	(94.8-97.6)
	<b>8th grade</b>	22	5.5%	(3.3-7.8)	410	94.5%	(92.2-96.7)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	1	3.5%	(0.0-10.4)	26	96.5%	(89.6-100.0)
	<b>Asian<sup>d</sup></b>	0	.	(.-)	44	100.0%	(100.0-100.0)
	<b>Black<sup>d</sup></b>	1	1.6%	(0.0-4.9)	37	98.4%	(95.1-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	2	9.2%	(0.0-18.8)	22	90.8%	(81.2-100.0)
	<b>White<sup>d</sup></b>	34	8.7%	(4.9-12.5)	461	91.3%	(87.5-95.1)
	<b>Hispanic/Latino</b>	17	5.9%	(2.1-9.8)	418	94.1%	(90.2-97.9)
	<b>Other/Multiple<sup>d</sup></b>	1	1.2%	(0.0-3.5)	55	98.8%	(96.5-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic.

<sup>e</sup> Injuries had to be treated by a doctor or nurse.

**Table 12: Percentage of middle school students who were ever in a physical fight on school property,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	125	11.7%	(9.3-14.1)	1049	88.3%	(85.9-90.7)
<b>Sex</b>	<b>Female</b>	33	7.3%	(4.4-10.3)	546	92.7%	(89.7-95.6)
	<b>Male</b>	92	15.9%	(12.8-18.9)	501	84.1%	(81.1-87.2)
<b>Age</b>	<b>11 years old or younger</b>	5	11.3%	(0.5-22.0)	51	88.7%	(78.0-99.5)
	<b>12 years old</b>	33	12.2%	(5.4-19.1)	302	87.8%	(80.9-94.6)
	<b>13 years old</b>	57	11.2%	(7.5-14.9)	450	88.8%	(85.1-92.5)
	<b>14 years old</b>	30	11.9%	(6.7-17.1)	245	88.1%	(82.9-93.3)
<b>Grade</b>	<b>6th grade</b>	15	14.4%	(9.0-19.9)	105	85.6%	(80.1-91.0)
	<b>7th grade</b>	62	9.5%	(6.8-12.3)	545	90.5%	(87.7-93.2)
	<b>8th grade</b>	46	11.5%	(7.6-15.4)	387	88.5%	(84.6-92.4)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	10	33.6%	(11.3-55.8)	18	66.4%	(44.2-88.7)
	<b>Asian<sup>d</sup></b>	4	5.6%	(0.0-11.8)	40	94.4%	(88.2-100.0)
	<b>Black<sup>d</sup></b>	7	15.2%	(0.0-32.1)	31	84.8%	(67.9-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	1	4.0%	(0.0-12.3)	23	96.0%	(87.7-100.0)
	<b>White<sup>d</sup></b>	50	11.7%	(8.6-14.8)	447	88.3%	(85.2-91.4)
	<b>Hispanic/Latino</b>	42	10.1%	(6.2-13.9)	397	89.9%	(86.1-93.8)
	<b>Other/Multiple<sup>d</sup></b>	3	8.8%	(0.0-21.6)	53	91.2%	(78.4-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> During the 12 months before the survey.

**Table 13: Percentage of middle school students who carried a weapon on school property,<sup>e,f</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	51	4.2%	(2.4-6.0)	1125	95.8%	(94.0-97.6)
<b>Sex</b>	<b>Female</b>	10	2.5%	(0.7-4.4)	572	97.5%	(95.6-99.3)
	<b>Male</b>	41	5.8%	(3.5-8.0)	551	94.2%	(92.0-96.5)
<b>Age</b>	<b>11 years old or younger</b>	3	6.5%	(0.0-14.3)	53	93.5%	(85.7-100.0)
	<b>12 years old</b>	9	1.4%	(0.3-2.6)	327	98.6%	(97.4-99.7)
	<b>13 years old</b>	23	4.6%	(2.3-6.9)	483	95.4%	(93.1-97.7)
	<b>14 years old</b>	16	6.2%	(3.2-9.3)	261	93.8%	(90.7-96.8)
<b>Grade</b>	<b>6th grade</b>	4	3.6%	(0.0-7.8)	116	96.4%	(92.2-100.0)
	<b>7th grade</b>	28	4.1%	(2.6-5.6)	579	95.9%	(94.4-97.4)
	<b>8th grade</b>	18	4.7%	(2.5-7.0)	417	95.3%	(93.0-97.5)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	2	5.7%	(0.0-13.8)	26	94.3%	(86.2-100.0)
	<b>Asian<sup>d</sup></b>	2	2.8%	(0.0-7.1)	42	97.2%	(92.9-100.0)
	<b>Black<sup>d</sup></b>	4	6.6%	(0.0-15.3)	34	93.4%	(84.7-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	1	5.1%	(0.0-14.5)	23	94.9%	(85.5-100.0)
	<b>White<sup>d</sup></b>	16	3.8%	(1.1-6.5)	481	96.2%	(93.5-98.9)
	<b>Hispanic/Latino</b>	23	4.8%	(2.2-7.3)	418	95.2%	(92.7-97.8)
	<b>Other/Multiple<sup>d</sup></b>	0	.	(.-)	56	100.0%	(100.0-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> For example, a gun, knife, or club.

<sup>f</sup> On at least 1 day during the 12 months before the survey.

**Table 14: Percentage of middle school students who were a member of a gang,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	71	6.4%	(4.3-8.4)	1101	93.6%	(91.6-95.7)
<b>Sex</b>	<b>Female</b>	23	5.4%	(2.3-8.4)	559	94.6%	(91.6-97.7)
	<b>Male</b>	48	7.4%	(4.7-10.0)	540	92.6%	(90.0-95.3)
<b>Age</b>	<b>11 years old or younger</b>	4	9.0%	(2.7-15.3)	52	91.0%	(84.7-97.3)
	<b>12 years old</b>	18	5.1%	(1.4-8.8)	317	94.9%	(91.2-98.6)
	<b>13 years old</b>	32	6.7%	(3.9-9.6)	473	93.3%	(90.4-96.1)
	<b>14 years old</b>	17	6.1%	(2.1-10.1)	258	93.9%	(89.9-97.9)
<b>Grade</b>	<b>6th grade</b>	8	7.4%	(2.4-12.4)	113	92.6%	(87.6-97.6)
	<b>7th grade</b>	42	6.8%	(4.6-8.9)	563	93.2%	(91.1-95.4)
	<b>8th grade</b>	20	5.1%	(2.2-8.0)	412	94.9%	(92.0-97.8)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	3	15.1%	(0.0-34.5)	25	84.9%	(65.5-100.0)
	<b>Asian<sup>d</sup></b>	3	4.3%	(0.0-9.8)	41	95.7%	(90.2-100.0)
	<b>Black<sup>d</sup></b>	5	13.4%	(0.0-29.7)	33	86.6%	(70.3-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	1	5.1%	(0.0-14.5)	23	94.9%	(85.5-100.0)
	<b>White<sup>d</sup></b>	29	5.7%	(3.1-8.3)	466	94.3%	(91.7-96.9)
	<b>Hispanic/Latino</b>	28	6.7%	(3.6-9.7)	410	93.3%	(90.3-96.4)
	<b>Other/Multiple<sup>d</sup></b>	1	1.2%	(0.0-3.5)	55	98.8%	(96.5-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> One or more times during the 12 months before the survey.

**Table 15: Percentage of middle school students who did not go to school because they felt unsafe at school or on their way to or from school,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	156	13.6%	(9.8-17.4)	1015	86.4%	(82.6-90.2)
<b>Sex</b>	<b>Female</b>	86	15.6%	(10.3-21.0)	491	84.4%	(79.0-89.7)
	<b>Male</b>	70	11.6%	(8.1-15.2)	522	88.4%	(84.8-91.9)
<b>Age</b>	<b>11 years old or younger</b>	10	16.1%	(4.5-27.6)	46	83.9%	(72.4-95.5)
	<b>12 years old</b>	44	13.2%	(7.3-19.1)	293	86.8%	(80.9-92.7)
	<b>13 years old</b>	63	12.8%	(9.2-16.4)	441	87.2%	(83.6-90.8)
	<b>14 years old</b>	39	13.9%	(8.5-19.3)	234	86.1%	(80.7-91.5)
<b>Grade</b>	<b>6th grade</b>	19	15.1%	(4.1-26.2)	102	84.9%	(73.8-95.9)
	<b>7th grade</b>	78	13.0%	(10.9-15.2)	526	87.0%	(84.8-89.1)
	<b>8th grade</b>	57	12.7%	(9.0-16.3)	375	87.3%	(83.7-91.0)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	6	23.2%	(2.2-44.3)	22	76.8%	(55.7-97.8)
	<b>Asian<sup>d</sup></b>	4	6.9%	(0.0-14.6)	40	93.1%	(85.4-100.0)
	<b>Black<sup>d</sup></b>	6	19.3%	(8.4-30.1)	32	80.7%	(69.9-91.6)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	2	7.2%	(0.0-16.6)	22	92.8%	(83.4-100.0)
	<b>White<sup>d</sup></b>	66	14.1%	(8.2-20.1)	429	85.9%	(79.9-91.8)
	<b>Hispanic/Latino</b>	57	12.7%	(8.5-17.0)	382	87.3%	(83.0-91.5)
	<b>Other/Multiple<sup>d</sup></b>	6	8.6%	(1.8-15.4)	50	91.4%	(84.6-98.2)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> One at least 1 day of the 30 days before the survey.



**Table 16: Percentage of middle school students who ever felt safe and secure at school, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Never/rarely			Sometimes				
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>
<b>Washoe County</b>	<b>Total</b>	139	11.5%	(8.8-14.3)	169	12.5%	(8.9-16.1)	864	76.0%
<b>Sex</b>	<b>Female</b>	51	9.5%	(6.4-12.5)	94	14.0%	(10.5-17.6)	436	76.5%
	<b>Male</b>	88	13.6%	(9.8-17.4)	75	11.0%	(5.6-16.4)	427	75.4%
<b>Age</b>	<b>11 years old or younger</b>	4	7.5%	(0.0-15.1)	8	13.1%	(0.0-29.0)	44	79.5%
	<b>12 years old</b>	35	10.5%	(5.4-15.7)	47	9.4%	(4.6-14.1)	255	80.1%
	<b>13 years old</b>	64	13.1%	(9.6-16.6)	75	14.5%	(11.0-17.9)	368	72.4%
	<b>14 years old</b>	36	13.2%	(8.4-18.1)	39	13.9%	(9.5-18.3)	197	72.9%
<b>Grade</b>	<b>6th grade</b>	10	8.8%	(3.4-14.2)	12	7.8%	(0.0-16.0)	99	83.5%
	<b>7th grade</b>	78	13.3%	(10.2-16.5)	91	15.1%	(11.1-19.2)	438	71.5%
	<b>8th grade</b>	49	12.1%	(8.6-15.6)	63	14.1%	(10.5-17.7)	318	73.8%
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	5	12.2%	(1.4-22.9)	4	10.7%	(0.0-21.4)	19	77.1%
	<b>Asian<sup>d</sup></b>	1	1.4%	(0.0-4.4)	4	6.9%	(0.0-14.7)	39	91.7%
	<b>Black<sup>d</sup></b>	6	14.8%	(2.1-27.6)	9	18.5%	(6.1-30.8)	23	66.7%
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	2	6.4%	(0.0-15.8)	3	11.7%	(1.2-22.3)	19	81.9%
	<b>White<sup>d</sup></b>	52	9.9%	(6.8-13.0)	62	12.5%	(6.9-18.1)	381	77.6%
	<b>Hispanic/Latino</b>	67	14.5%	(10.5-18.6)	71	13.2%	(8.6-17.8)	304	72.3%
	<b>Other/Multiple<sup>d</sup></b>	3	4.6%	(0.0-10.1)	5	6.6%	(0.0-13.5)	47	88.8%

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

**Table 17: Percentage of middle school students who were ever bullied on school property, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	540	46.1%	(42.4-49.9)	633	53.9%	(50.1-57.6)
<b>Sex</b>	<b>Female</b>	288	49.9%	(45.2-54.7)	294	50.1%	(45.3-54.8)
	<b>Male</b>	252	42.5%	(35.4-49.7)	338	57.5%	(50.3-64.6)
<b>Age</b>	<b>11 years old or younger</b>	25	45.0%	(30.0-60.0)	31	55.0%	(40.0-70.0)
	<b>12 years old</b>	135	40.2%	(32.2-48.3)	201	59.8%	(51.7-67.8)
	<b>13 years old</b>	249	50.8%	(46.0-55.7)	258	49.2%	(44.3-54.0)
	<b>14 years old</b>	131	48.7%	(40.6-56.8)	143	51.3%	(43.2-59.4)
<b>Grade</b>	<b>6th grade</b>	56	44.3%	(36.8-51.8)	65	55.7%	(48.2-63.2)
	<b>7th grade</b>	255	41.9%	(37.9-45.9)	350	58.1%	(54.1-62.1)
	<b>8th grade</b>	222	51.9%	(45.6-58.2)	211	48.1%	(41.8-54.4)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	16	51.6%	(28.2-74.9)	12	48.4%	(25.1-71.8)
	<b>Asian<sup>d</sup></b>	20	42.8%	(24.6-61.1)	24	57.2%	(38.9-75.4)
	<b>Black<sup>d</sup></b>	16	49.9%	(24.4-75.5)	22	50.1%	(24.5-75.6)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	12	49.7%	(23.1-76.3)	12	50.3%	(23.7-76.9)
	<b>White<sup>d</sup></b>	227	45.2%	(38.7-51.6)	270	54.8%	(48.4-61.3)
	<b>Hispanic/Latino</b>	193	44.1%	(37.7-50.5)	248	55.9%	(49.5-62.3)
	<b>Other/Multiple<sup>d</sup></b>	32	62.5%	(45.1-79.9)	23	37.5%	(20.1-54.9)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

**Table 18: Percentage of middle school students who were ever electronically bullied,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	285	24.7%	(21.8-27.5)	889	75.3%	(72.5-78.2)
<b>Sex</b>	<b>Female</b>	194	32.1%	(26.4-37.7)	387	67.9%	(62.3-73.6)
	<b>Male</b>	91	17.6%	(14.2-21.0)	500	82.4%	(79.0-85.8)
<b>Age</b>	<b>11 years old or younger</b>	11	20.7%	(11.2-30.3)	45	79.3%	(69.7-88.8)
	<b>12 years old</b>	65	22.5%	(17.3-27.8)	271	77.5%	(72.2-82.7)
	<b>13 years old</b>	134	27.1%	(23.3-31.0)	374	72.9%	(69.0-76.7)
	<b>14 years old</b>	75	26.6%	(20.7-32.5)	198	73.4%	(67.5-79.3)
<b>Grade</b>	<b>6th grade</b>	27	23.8%	(17.7-29.9)	93	76.2%	(70.1-82.3)
	<b>7th grade</b>	125	21.1%	(17.3-24.9)	483	78.9%	(75.1-82.7)
	<b>8th grade</b>	129	28.7%	(24.2-33.2)	303	71.3%	(66.8-75.8)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	10	30.9%	(11.1-50.8)	17	69.1%	(49.2-88.9)
	<b>Asian<sup>d</sup></b>	6	10.0%	(0.8-19.2)	37	90.0%	(80.8-99.2)
	<b>Black<sup>d</sup></b>	8	21.8%	(0.4-43.1)	30	78.2%	(56.9-99.6)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	3	12.1%	(0.0-25.0)	21	87.9%	(75.0-100.0)
	<b>White<sup>d</sup></b>	132	25.5%	(21.3-29.7)	367	74.5%	(70.3-78.7)
	<b>Hispanic/Latino</b>	96	22.8%	(16.5-29.0)	344	77.2%	(71.0-83.5)
	<b>Other/Multiple<sup>d</sup></b>	19	36.2%	(21.4-51.0)	36	63.8%	(49.0-78.6)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Including being bullied through e-mail, chat rooms, instant messaging, Web sites, or texting.

**Table 19: Percentage of middle school students who have ever done something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	226	18.6%	(15.3-21.8)	947	81.4%	(78.2-84.7)
<b>Sex</b>	<b>Female</b>	154	24.6%	(18.6-30.7)	424	75.4%	(69.3-81.4)
	<b>Male</b>	72	12.7%	(10.3-15.0)	521	87.3%	(85.0-89.7)
<b>Age</b>	<b>11 years old or younger</b>	4	8.8%	(0.1-17.5)	52	91.2%	(82.5-99.9)
	<b>12 years old</b>	50	15.8%	(12.3-19.3)	285	84.2%	(80.7-87.7)
	<b>13 years old</b>	111	23.0%	(18.2-27.9)	397	77.0%	(72.1-81.8)
	<b>14 years old</b>	61	22.0%	(15.7-28.3)	212	78.0%	(71.7-84.3)
<b>Grade</b>	<b>6th grade</b>	14	13.0%	(9.0-16.9)	106	87.0%	(83.1-91.0)
	<b>7th grade</b>	100	17.4%	(14.2-20.6)	507	82.6%	(79.4-85.8)
	<b>8th grade</b>	110	24.8%	(19.5-30.1)	322	75.2%	(69.9-80.5)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	8	20.0%	(5.8-34.3)	20	80.0%	(65.7-94.2)
	<b>Asian<sup>d</sup></b>	3	5.1%	(0.0-11.4)	41	94.9%	(88.6-100.0)
	<b>Black<sup>d</sup></b>	7	16.0%	(0.0-32.6)	31	84.0%	(67.4-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	6	22.0%	(10.2-33.7)	18	78.0%	(66.3-89.8)
	<b>White<sup>d</sup></b>	83	15.3%	(11.4-19.1)	415	84.7%	(80.9-88.6)
	<b>Hispanic/Latino</b>	99	21.9%	(17.4-26.5)	338	78.1%	(73.5-82.6)
	<b>Other/Multiple<sup>d</sup></b>	14	23.2%	(9.0-37.3)	42	76.8%	(62.7-91.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

## Emotional Health

**Table 20: Percentage of middle school students who felt sad or hopeless,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	369	31.0%	(26.4-35.6)	802	69.0%	(64.4-73.6)
<b>Sex</b>	<b>Female</b>	230	38.9%	(33.6-44.2)	349	61.1%	(55.8-66.4)
	<b>Male</b>	139	23.3%	(17.7-28.9)	451	76.7%	(71.1-82.3)
<b>Age</b>	<b>11 years old or younger</b>	11	19.4%	(12.8-26.0)	45	80.6%	(74.0-87.2)
	<b>12 years old</b>	89	27.6%	(19.3-35.8)	244	72.4%	(64.2-80.7)
	<b>13 years old</b>	168	35.0%	(29.7-40.4)	341	65.0%	(59.6-70.3)
	<b>14 years old</b>	101	37.1%	(30.3-43.9)	171	62.9%	(56.1-69.7)
<b>Grade</b>	<b>6th grade</b>	29	25.3%	(15.0-35.6)	92	74.7%	(64.4-85.0)
	<b>7th grade</b>	171	29.1%	(25.9-32.3)	434	70.9%	(67.7-74.1)
	<b>8th grade</b>	165	37.9%	(31.1-44.6)	266	62.1%	(55.4-68.9)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	11	35.8%	(13.8-57.9)	17	64.2%	(42.1-86.2)
	<b>Asian<sup>d</sup></b>	10	16.5%	(3.7-29.2)	34	83.5%	(70.8-96.3)
	<b>Black<sup>d</sup></b>	6	13.3%	(2.1-24.4)	32	86.7%	(75.6-97.9)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	10	43.3%	(22.4-64.2)	13	56.7%	(35.8-77.6)
	<b>White<sup>d</sup></b>	143	26.0%	(20.3-31.8)	356	74.0%	(68.2-79.7)
	<b>Hispanic/Latino</b>	152	33.9%	(28.1-39.8)	286	66.1%	(60.2-71.9)
	<b>Other/Multiple<sup>d</sup></b>	25	53.2%	(39.6-66.9)	31	46.8%	(33.1-60.4)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Almost every day for 2 or more weeks in a row so that they stopped doing some usual activities.

**Table 21: Percentage of middle school students who ever seriously considered killing themselves, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	259	22.1%	(17.3-26.9)	873	77.9%	(73.1-82.7)
<b>Sex</b>	<b>Female</b>	150	26.3%	(19.8-32.7)	411	73.7%	(67.3-80.2)
	<b>Male</b>	109	18.0%	(13.9-22.2)	460	82.0%	(77.8-86.1)
<b>Age</b>	<b>11 years old or younger</b>	6	14.0%	(0.0-28.6)	48	86.0%	(71.4-100.0)
	<b>12 years old</b>	55	17.0%	(13.2-20.8)	267	83.0%	(79.2-86.8)
	<b>13 years old</b>	120	25.2%	(20.2-30.2)	371	74.8%	(69.8-79.8)
	<b>14 years old</b>	78	30.3%	(22.7-37.8)	186	69.7%	(62.2-77.3)
<b>Grade</b>	<b>6th grade</b>	16	15.9%	(5.5-26.2)	100	84.1%	(73.8-94.5)
	<b>7th grade</b>	111	19.0%	(15.9-22.1)	473	81.0%	(77.9-84.1)
	<b>8th grade</b>	129	30.7%	(24.2-37.1)	290	69.3%	(62.9-75.8)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	9	32.1%	(9.3-55.0)	18	67.9%	(45.0-90.7)
	<b>Asian<sup>d</sup></b>	7	11.6%	(1.0-22.1)	37	88.4%	(77.9-99.0)
	<b>Black<sup>d</sup></b>	7	16.4%	(0.0-33.7)	29	83.6%	(66.3-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	5	25.3%	(3.7-46.9)	16	74.7%	(53.1-96.3)
	<b>White<sup>d</sup></b>	107	19.1%	(12.9-25.2)	374	80.9%	(74.8-87.1)
	<b>Hispanic/Latino</b>	103	24.9%	(19.0-30.8)	320	75.1%	(69.2-81.0)
	<b>Other/Multiple<sup>d</sup></b>	13	23.2%	(8.5-37.9)	41	76.8%	(62.1-91.5)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic.

**Table 22: Percentage of middle school students who ever made a plan about how they would attempt suicide, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	149	12.6%	(9.5-15.7)	988	87.4%	(84.3-90.5)
<b>Sex</b>	<b>Female</b>	92	14.8%	(9.8-19.9)	472	85.2%	(80.1-90.2)
	<b>Male</b>	57	10.4%	(7.8-13.1)	514	89.6%	(86.9-92.2)
<b>Age</b>	<b>11 years old or younger</b>	4	9.6%	(0.2-18.9)	50	90.4%	(81.1-99.8)
	<b>12 years old</b>	27	7.2%	(5.1-9.2)	299	92.8%	(90.8-94.9)
	<b>13 years old</b>	71	15.5%	(12.1-18.9)	420	84.5%	(81.1-87.9)
	<b>14 years old</b>	47	18.5%	(12.3-24.7)	218	81.5%	(75.3-87.7)
<b>Grade</b>	<b>6th grade</b>	8	8.0%	(2.8-13.3)	109	92.0%	(86.7-97.2)
	<b>7th grade</b>	63	11.0%	(8.4-13.7)	524	89.0%	(86.3-91.6)
	<b>8th grade</b>	76	18.1%	(13.6-22.6)	344	81.9%	(77.4-86.4)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	7	19.4%	(2.7-36.2)	20	80.6%	(63.8-97.3)
	<b>Asian<sup>d</sup></b>	3	4.6%	(0.0-10.4)	41	95.4%	(89.6-100.0)
	<b>Black<sup>d</sup></b>	6	9.3%	(0.1-18.5)	31	90.7%	(81.5-99.9)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	4	19.5%	(1.2-37.7)	17	80.5%	(62.3-98.8)
	<b>White<sup>d</sup></b>	58	10.4%	(6.7-14.1)	423	89.6%	(85.9-93.3)
	<b>Hispanic/Latino</b>	61	14.3%	(10.1-18.5)	367	85.7%	(81.5-89.9)
	<b>Other/Multiple<sup>d</sup></b>	7	14.2%	(0.9-27.6)	46	85.8%	(72.4-99.1)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

**Table 23: Percentage of middle school students who ever tried killing themselves, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	108	8.8%	(6.3-11.3)	1049	91.2%	(88.7-93.7)
<b>Sex</b>	<b>Female</b>	67	10.8%	(6.7-14.9)	505	89.2%	(85.1-93.3)
	<b>Male</b>	41	6.8%	(4.7-9.0)	542	93.2%	(91.0-95.3)
<b>Age</b>	<b>11 years old or younger</b>	2	4.3%	(0.0-11.4)	53	95.7%	(88.6-100.0)
	<b>12 years old</b>	20	5.3%	(2.8-7.8)	310	94.7%	(92.2-97.2)
	<b>13 years old</b>	52	11.5%	(7.8-15.3)	448	88.5%	(84.7-92.2)
	<b>14 years old</b>	34	12.7%	(7.5-17.9)	237	87.3%	(82.1-92.5)
<b>Grade</b>	<b>6th grade</b>	6	5.1%	(1.1-9.2)	113	94.9%	(90.8-98.9)
	<b>7th grade</b>	46	8.2%	(6.0-10.3)	551	91.8%	(89.7-94.0)
	<b>8th grade</b>	54	12.4%	(9.0-15.8)	374	87.6%	(84.2-91.0)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	6	15.4%	(2.9-27.9)	22	84.6%	(72.1-97.1)
	<b>Asian<sup>d</sup></b>	2	3.2%	(0.0-8.1)	41	96.8%	(91.9-100.0)
	<b>Black<sup>d</sup></b>	4	12.1%	(0.0-27.8)	33	87.9%	(72.2-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	2	8.3%	(0.0-18.4)	21	91.7%	(81.6-100.0)
	<b>White<sup>d</sup></b>	42	8.1%	(5.0-11.3)	452	91.9%	(88.7-95.0)
	<b>Hispanic/Latino</b>	45	9.2%	(5.3-13.0)	384	90.8%	(87.0-94.7)
	<b>Other/Multiple<sup>d</sup></b>	5	6.5%	(0.0-13.5)	51	93.5%	(86.5-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic



## Tobacco Use

**Table 24: Percentage of middle school students who ever smoked cigarettes,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	169	14.4%	(10.6-18.3)	972	85.6%	(81.7-89.4)
<b>Sex</b>	<b>Female</b>	75	12.4%	(8.1-16.6)	490	87.6%	(83.4-91.9)
	<b>Male</b>	94	16.4%	(11.5-21.3)	480	83.6%	(78.7-88.5)
<b>Age</b>	<b>11 years old or younger</b>	5	11.2%	(0.4-22.0)	50	88.8%	(78.0-99.6)
	<b>12 years old</b>	30	8.1%	(4.1-12.0)	293	91.9%	(88.0-95.9)
	<b>13 years old</b>	81	17.7%	(13.2-22.2)	413	82.3%	(77.8-86.8)
	<b>14 years old</b>	53	21.1%	(14.6-27.5)	215	78.9%	(72.5-85.4)
<b>Grade</b>	<b>6th grade</b>	10	9.3%	(1.8-16.7)	107	90.7%	(83.3-98.2)
	<b>7th grade</b>	68	11.5%	(8.6-14.5)	514	88.5%	(85.5-91.4)
	<b>8th grade</b>	88	21.7%	(16.0-27.3)	341	78.3%	(72.7-84.0)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	7	19.6%	(3.0-36.1)	21	80.4%	(63.9-97.0)
	<b>Asian<sup>d</sup></b>	1	1.6%	(0.0-4.8)	42	98.4%	(95.2-100.0)
	<b>Black<sup>d</sup></b>	9	20.9%	(1.2-40.5)	26	79.1%	(59.5-98.8)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	2	8.3%	(0.0-20.6)	22	91.7%	(79.4-100.0)
	<b>White<sup>d</sup></b>	72	14.3%	(9.8-18.8)	419	85.7%	(81.2-90.2)
	<b>Hispanic/Latino</b>	63	14.5%	(9.7-19.4)	356	85.5%	(80.6-90.3)
	<b>Other/Multiple<sup>d</sup></b>	8	12.6%	(2.4-22.8)	47	87.4%	(77.2-97.6)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Ever tried cigarette smoking, even one or two puffs.

**Table 25: Percentage of middle school students who smoked a whole cigarette for the first time before age 11 years, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	28	2.1%	(1.0-3.1)	1105	97.9%	(96.9-99.0)
<b>Sex</b>	<b>Female</b>	13	2.0%	(0.5-3.4)	547	98.0%	(96.6-99.5)
	<b>Male</b>	15	2.1%	(0.9-3.4)	556	97.9%	(96.6-99.1)
<b>Age</b>	<b>11 years old or younger</b>	1	2.1%	(0.0-6.6)	53	97.9%	(93.4-100.0)
	<b>12 years old</b>	7	1.3%	(0.0-2.5)	317	98.7%	(97.5-100.0)
	<b>13 years old</b>	11	2.0%	(0.7-3.3)	479	98.0%	(96.7-99.3)
	<b>14 years old</b>	9	3.4%	(1.0-5.7)	255	96.6%	(94.3-99.0)
<b>Grade</b>	<b>6th grade</b>	2	1.4%	(0.0-3.6)	116	98.6%	(96.4-100.0)
	<b>7th grade</b>	12	1.7%	(0.5-2.9)	568	98.3%	(97.1-99.5)
	<b>8th grade</b>	14	3.1%	(1.5-4.8)	409	96.9%	(95.2-98.5)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	0	.	(.-)	28	100.0%	(100.0-100.0)
	<b>Asian<sup>d</sup></b>	0	.	(.-)	43	100.0%	(100.0-100.0)
	<b>Black<sup>d</sup></b>	2	9.5%	(0.0-24.9)	32	90.5%	(75.1-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	0	.	(.-)	23	100.0%	(100.0-100.0)
	<b>White<sup>d</sup></b>	11	2.2%	(0.4-3.9)	477	97.8%	(96.1-99.6)
	<b>Hispanic/Latino</b>	11	2.1%	(0.8-3.5)	404	97.9%	(96.5-99.2)
	<b>Other/Multiple<sup>d</sup></b>	0	.	(.-)	56	100.0%	(100.0-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

**Table 26: Percentage of middle school students who currently smoked cigarettes,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	37	3.7%	(2.2-5.2)	1095	96.3%	(94.8-97.8)
<b>Sex</b>	<b>Female</b>	10	2.4%	(0.4-4.5)	551	97.6%	(95.5-99.6)
	<b>Male</b>	27	5.0%	(3.1-6.8)	542	95.0%	(93.2-96.9)
<b>Age</b>	<b>11 years old or younger</b>	1	2.0%	(0.0-6.3)	55	98.0%	(93.7-100.0)
	<b>12 years old</b>	5	2.2%	(0.1-4.3)	317	97.8%	(95.7-99.9)
	<b>13 years old</b>	16	4.3%	(1.9-6.7)	474	95.7%	(93.3-98.1)
	<b>14 years old</b>	15	6.2%	(2.8-9.6)	248	93.8%	(90.4-97.2)
<b>Grade</b>	<b>6th grade</b>	4	3.3%	(0.0-7.1)	115	96.7%	(92.9-100.0)
	<b>7th grade</b>	13	2.3%	(1.3-3.4)	570	97.7%	(96.6-98.7)
	<b>8th grade</b>	19	5.1%	(2.8-7.4)	399	94.9%	(92.6-97.2)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	4	12.9%	(0.0-28.2)	23	87.1%	(71.8-100.0)
	<b>Asian<sup>d</sup></b>	0	.	(.-)	42	100.0%	(100.0-100.0)
	<b>Black<sup>d</sup></b>	3	11.9%	(0.0-28.6)	30	88.1%	(71.4-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	1	3.2%	(0.0-9.7)	23	96.8%	(90.3-100.0)
	<b>White<sup>d</sup></b>	21	4.2%	(2.1-6.4)	470	95.8%	(93.6-97.9)
	<b>Hispanic/Latino</b>	8	2.4%	(0.5-4.3)	407	97.6%	(95.7-99.5)
	<b>Other/Multiple<sup>d</sup></b>	0	.	(.-)	54	100.0%	(100.0-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Smoked cigarettes on at least 1 day during the 30 days before the survey.

**Table 27: Percentage of middle school students who currently used smokeless tobacco,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	24	2.0%	(1.0-3.1)	1144	98.0%	(96.9-99.0)
<b>Sex</b>	<b>Female</b>	10	2.3%	(0.3-4.3)	567	97.7%	(95.7-99.7)
	<b>Male</b>	14	1.7%	(0.7-2.8)	575	98.3%	(97.2-99.3)
<b>Age</b>	<b>11 years old or younger</b>	1	2.0%	(0.0-6.4)	54	98.0%	(93.6-100.0)
	<b>12 years old</b>	3	0.6%	(0.0-1.3)	328	99.4%	(98.7-100.0)
	<b>13 years old</b>	11	3.1%	(0.9-5.2)	495	96.9%	(94.8-99.1)
	<b>14 years old</b>	9	2.6%	(0.9-4.4)	266	97.4%	(95.6-99.1)
<b>Grade</b>	<b>6th grade</b>	2	1.7%	(0.0-4.0)	117	98.3%	(96.0-100.0)
	<b>7th grade</b>	8	1.4%	(0.4-2.3)	594	98.6%	(97.7-99.6)
	<b>8th grade</b>	12	2.5%	(1.1-3.8)	422	97.5%	(96.2-98.9)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	2	6.1%	(0.0-14.9)	25	93.9%	(85.1-100.0)
	<b>Asian<sup>d</sup></b>	2	3.7%	(0.0-9.5)	42	96.3%	(90.5-100.0)
	<b>Black<sup>d</sup></b>	3	5.7%	(0.0-12.8)	34	94.3%	(87.2-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	0	.	(.-)	24	100.0%	(100.0-100.0)
	<b>White<sup>d</sup></b>	9	2.3%	(0.6-4.0)	488	97.7%	(96.0-99.4)
	<b>Hispanic/Latino</b>	8	1.5%	(0.4-2.5)	428	98.5%	(97.5-99.6)
	<b>Other/Multiple<sup>d</sup></b>	0	.	(.-)	56	100.0%	(100.0-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey.

**Table 28: Percentage of middle school students who currently smoked cigars,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	39	3.1%	(1.8-4.4)	1126	96.9%	(95.6-98.2)
<b>Sex</b>	<b>Female</b>	15	3.0%	(0.9-5.1)	560	97.0%	(94.9-99.1)
	<b>Male</b>	24	3.2%	(1.5-4.9)	564	96.8%	(95.1-98.5)
<b>Age</b>	<b>11 years old or younger</b>	2	4.1%	(0.0-9.8)	53	95.9%	(90.2-100.0)
	<b>12 years old</b>	8	1.6%	(0.3-2.9)	322	98.4%	(97.1-99.7)
	<b>13 years old</b>	16	3.0%	(1.4-4.7)	489	97.0%	(95.3-98.6)
	<b>14 years old</b>	13	4.8%	(1.5-8.0)	261	95.2%	(92.0-98.5)
<b>Grade</b>	<b>6th grade</b>	2	1.7%	(0.0-4.1)	115	98.3%	(95.9-100.0)
	<b>7th grade</b>	18	2.9%	(1.7-4.2)	584	97.1%	(95.8-98.3)
	<b>8th grade</b>	16	3.9%	(1.8-6.0)	417	96.1%	(94.0-98.2)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	3	9.9%	(0.0-21.0)	24	90.1%	(79.0-100.0)
	<b>Asian<sup>d</sup></b>	2	3.7%	(0.0-9.5)	42	96.3%	(90.5-100.0)
	<b>Black<sup>d</sup></b>	1	2.0%	(0.0-6.2)	36	98.0%	(93.8-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	0	.	(.-)	24	100.0%	(100.0-100.0)
	<b>White<sup>d</sup></b>	18	3.7%	(1.6-5.8)	477	96.3%	(94.2-98.4)
	<b>Hispanic/Latino</b>	11	2.0%	(0.7-3.2)	425	98.0%	(96.8-99.3)
	<b>Other/Multiple<sup>d</sup></b>	2	2.9%	(0.0-6.8)	53	97.1%	(93.2-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Smoked cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey.

**Table 29: Percentage of middle school students who currently used tobacco,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	54	4.8%	(3.0-6.5)	1071	95.2%	(93.5-97.0)
<b>Sex</b>	<b>Female</b>	17	3.3%	(1.1-5.5)	539	96.7%	(94.5-98.9)
	<b>Male</b>	37	6.2%	(4.1-8.3)	530	93.8%	(91.7-95.9)
<b>Age</b>	<b>11 years old or younger</b>	2	4.1%	(0.0-9.8)	53	95.9%	(90.2-100.0)
	<b>12 years old</b>	9	3.0%	(0.8-5.2)	310	97.0%	(94.8-99.2)
	<b>13 years old</b>	25	5.4%	(3.4-7.4)	463	94.6%	(92.6-96.6)
	<b>14 years old</b>	18	7.0%	(2.9-11.0)	244	93.0%	(89.0-97.1)
<b>Grade</b>	<b>6th grade</b>	4	3.4%	(0.0-7.3)	112	96.6%	(92.7-100.0)
	<b>7th grade</b>	21	3.7%	(2.2-5.1)	559	96.3%	(94.9-97.8)
	<b>8th grade</b>	27	6.8%	(4.0-9.6)	390	93.2%	(90.4-96.0)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	4	12.9%	(0.0-28.2)	23	87.1%	(71.8-100.0)
	<b>Asian<sup>d</sup></b>	2	3.7%	(0.0-9.5)	42	96.3%	(90.5-100.0)
	<b>Black<sup>d</sup></b>	4	13.8%	(0.0-31.4)	28	86.2%	(68.6-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	1	3.2%	(0.0-9.7)	23	96.8%	(90.3-100.0)
	<b>White<sup>d</sup></b>	29	5.5%	(3.0-8.0)	459	94.5%	(92.0-97.0)
	<b>Hispanic/Latino</b>	11	3.0%	(1.1-4.9)	401	97.0%	(95.1-98.9)
	<b>Other/Multiple<sup>d</sup></b>	2	3.0%	(0.0-7.0)	51	97.0%	(93.0-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Current (past 30 days) cigarette use, current smokeless tobacco use, or current cigar use.

## Electronic Vapor Product Use

**Table 30: Percentage of middle school students who ever used electronic vapor products,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	338	28.6%	(22.4-34.7)	787	71.4%	(65.3-77.6)
<b>Sex</b>	<b>Female</b>	163	27.5%	(20.3-34.8)	390	72.5%	(65.2-79.7)
	<b>Male</b>	175	29.6%	(22.4-36.8)	395	70.4%	(63.2-77.6)
<b>Age</b>	<b>11 years old or younger</b>	9	17.9%	(3.5-32.3)	47	82.1%	(67.7-96.5)
	<b>12 years old</b>	66	19.9%	(11.6-28.1)	260	80.1%	(71.9-88.4)
	<b>13 years old</b>	150	32.8%	(27.3-38.3)	326	67.2%	(61.7-72.7)
	<b>14 years old</b>	113	42.5%	(34.4-50.6)	153	57.5%	(49.4-65.6)
<b>Grade</b>	<b>6th grade</b>	18	17.7%	(7.2-28.2)	98	82.3%	(71.8-92.8)
	<b>7th grade</b>	148	26.5%	(21.8-31.2)	431	73.5%	(68.8-78.2)
	<b>8th grade</b>	165	39.6%	(31.4-47.8)	254	60.4%	(52.2-68.6)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	9	37.0%	(12.6-61.5)	17	63.0%	(38.5-87.4)
	<b>Asian<sup>d</sup></b>	7	13.2%	(0.0-27.3)	34	86.8%	(72.7-100.0)
	<b>Black<sup>d</sup></b>	11	18.5%	(3.3-33.7)	26	81.5%	(66.3-96.7)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	11	48.2%	(24.2-72.2)	13	51.8%	(27.8-75.8)
	<b>White<sup>d</sup></b>	108	20.6%	(14.8-26.4)	370	79.4%	(73.6-85.2)
	<b>Hispanic/Latino</b>	170	37.5%	(29.3-45.7)	251	62.5%	(54.3-70.7)
	<b>Other/Multiple<sup>d</sup></b>	11	25.4%	(7.5-43.2)	40	74.6%	(56.8-92.5)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz

**Table 31: Percentage of middle school students who currently use electronic vapor products,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	144	12.3%	(9.0-15.6)	978	87.7%	(84.4-91.0)
<b>Sex</b>	<b>Female</b>	60	9.6%	(5.8-13.3)	492	90.4%	(86.7-94.2)
	<b>Male</b>	84	14.9%	(10.6-19.2)	484	85.1%	(80.8-89.4)
<b>Age</b>	<b>11 years old or younger</b>	2	4.2%	(0.0-10.5)	54	95.8%	(89.5-100.0)
	<b>12 years old</b>	30	9.1%	(3.6-14.6)	292	90.9%	(85.4-96.4)
	<b>13 years old</b>	65	15.0%	(11.0-19.1)	412	85.0%	(80.9-89.0)
	<b>14 years old</b>	47	18.1%	(11.7-24.5)	219	81.9%	(75.5-88.3)
<b>Grade</b>	<b>6th grade</b>	7	7.1%	(1.8-12.4)	110	92.9%	(87.6-98.2)
	<b>7th grade</b>	69	12.5%	(9.1-15.9)	505	87.5%	(84.1-90.9)
	<b>8th grade</b>	65	16.2%	(11.1-21.3)	355	83.8%	(78.7-88.9)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	5	17.6%	(0.0-35.2)	21	82.4%	(64.8-100.0)
	<b>Asian<sup>d</sup></b>	2	3.7%	(0.0-9.3)	39	96.3%	(90.7-100.0)
	<b>Black<sup>d</sup></b>	9	15.4%	(1.6-29.1)	27	84.6%	(70.9-98.4)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	2	8.3%	(0.0-20.6)	22	91.7%	(79.4-100.0)
	<b>White<sup>d</sup></b>	48	9.7%	(6.0-13.3)	429	90.3%	(86.7-94.0)
	<b>Hispanic/Latino</b>	70	14.9%	(9.9-19.8)	350	85.1%	(80.2-90.1)
	<b>Other/Multiple<sup>d</sup></b>	6	13.6%	(0.0-27.6)	45	86.4%	(72.4-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Used e-vapor products (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz) on at least 1 day during the 30 days before the survey



## Alcohol Use

**Table 32: Percentage of middle school students who ever drank alcohol,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	308	28.1%	(22.6-33.5)	777	71.9%	(66.5-77.4)
<b>Sex</b>	<b>Female</b>	140	24.0%	(17.0-31.1)	396	76.0%	(68.9-83.0)
	<b>Male</b>	168	32.0%	(26.1-37.9)	379	68.0%	(62.1-73.9)
<b>Age</b>	<b>11 years old or younger</b>	9	19.5%	(8.0-31.0)	45	80.5%	(69.0-92.0)
	<b>12 years old</b>	63	21.6%	(13.5-29.7)	243	78.4%	(70.3-86.5)
	<b>13 years old</b>	143	32.4%	(26.0-38.8)	328	67.6%	(61.2-74.0)
	<b>14 years old</b>	93	37.2%	(29.5-44.9)	160	62.8%	(55.1-70.5)
<b>Grade</b>	<b>6th grade</b>	22	21.0%	(10.2-31.8)	94	79.0%	(68.2-89.8)
	<b>7th grade</b>	133	25.3%	(20.8-29.8)	416	74.7%	(70.2-79.2)
	<b>8th grade</b>	149	36.9%	(29.0-44.7)	261	63.1%	(55.3-71.0)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	7	24.0%	(6.0-42.0)	16	76.0%	(58.0-94.0)
	<b>Asian<sup>d</sup></b>	4	7.1%	(0.0-14.7)	37	92.9%	(85.3-100.0)
	<b>Black<sup>d</sup></b>	14	37.5%	(14.3-60.7)	20	62.5%	(39.3-85.7)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	7	30.0%	(7.2-52.8)	16	70.0%	(47.2-92.8)
	<b>White<sup>d</sup></b>	115	24.5%	(18.6-30.4)	349	75.5%	(69.6-81.4)
	<b>Hispanic/Latino</b>	140	31.8%	(24.1-39.5)	262	68.2%	(60.5-75.9)
	<b>Other/Multiple<sup>d</sup></b>	15	33.6%	(16.0-51.1)	38	66.4%	(48.9-84.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Other than a few sips.

**Table 33: Percentage of middle school students who drank alcohol for the first time before age 11 years,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	110	10.6%	(7.7-13.6)	1014	89.4%	(86.4-92.3)
<b>Sex</b>	<b>Female</b>	35	6.2%	(3.7-8.8)	525	93.8%	(91.2-96.3)
	<b>Male</b>	75	15.0%	(10.9-19.1)	487	85.0%	(80.9-89.1)
<b>Age</b>	<b>11 years old or younger</b>	5	11.0%	(2.9-19.2)	51	89.0%	(80.8-97.1)
	<b>12 years old</b>	31	11.8%	(5.1-18.5)	286	88.2%	(81.5-94.9)
	<b>13 years old</b>	50	10.1%	(6.9-13.4)	434	89.9%	(86.6-93.1)
	<b>14 years old</b>	24	9.4%	(5.2-13.7)	242	90.6%	(86.3-94.8)
<b>Grade</b>	<b>6th grade</b>	14	12.7%	(4.9-20.6)	105	87.3%	(79.4-95.1)
	<b>7th grade</b>	55	9.4%	(6.7-12.2)	518	90.6%	(87.8-93.3)
	<b>8th grade</b>	39	9.8%	(6.8-12.7)	381	90.2%	(87.3-93.2)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	3	8.9%	(0.0-19.4)	23	91.1%	(80.6-100.0)
	<b>Asian<sup>d</sup></b>	0	.	(.-)	44	100.0%	(100.0-100.0)
	<b>Black<sup>d</sup></b>	8	23.3%	(5.9-40.7)	27	76.7%	(59.3-94.1)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	2	6.7%	(0.0-16.5)	21	93.3%	(83.5-100.0)
	<b>White<sup>d</sup></b>	44	10.7%	(7.3-14.2)	436	89.3%	(85.8-92.7)
	<b>Hispanic/Latino</b>	43	10.8%	(5.9-15.7)	374	89.2%	(84.3-94.1)
	<b>Other/Multiple<sup>d</sup></b>	5	7.7%	(0.0-15.4)	49	92.3%	(84.6-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Other than a few sips.

**Table 34: Percentage of middle school students who currently drank alcohol,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	109	9.4%	(6.4-12.3)	995	90.6%	(87.7-93.6)
<b>Sex</b>	<b>Female</b>	57	9.8%	(6.4-13.1)	488	90.2%	(86.9-93.6)
	<b>Male</b>	52	9.0%	(5.6-12.4)	505	91.0%	(87.6-94.4)
<b>Age</b>	<b>11 years old or younger</b>	1	2.1%	(0.0-6.6)	52	97.9%	(93.4-100.0)
	<b>12 years old</b>	18	6.2%	(1.8-10.6)	297	93.8%	(89.4-98.2)
	<b>13 years old</b>	53	11.9%	(7.6-16.2)	426	88.1%	(83.8-92.4)
	<b>14 years old</b>	37	14.9%	(9.5-20.4)	219	85.1%	(79.6-90.5)
<b>Grade</b>	<b>6th grade</b>	6	5.4%	(0.0-10.9)	109	94.6%	(89.1-100.0)
	<b>7th grade</b>	42	7.6%	(5.5-9.8)	524	92.4%	(90.2-94.5)
	<b>8th grade</b>	60	14.7%	(9.4-20.0)	355	85.3%	(80.0-90.6)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	3	10.3%	(0.0-25.7)	21	89.7%	(74.3-100.0)
	<b>Asian<sup>d</sup></b>	0	.	(.-)	41	100.0%	(100.0-100.0)
	<b>Black<sup>d</sup></b>	6	15.7%	(3.6-27.9)	30	84.3%	(72.1-96.4)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	4	18.1%	(0.5-35.6)	18	81.9%	(64.4-99.5)
	<b>White<sup>d</sup></b>	39	7.7%	(4.1-11.2)	435	92.3%	(88.8-95.9)
	<b>Hispanic/Latino</b>	51	11.5%	(7.3-15.7)	357	88.5%	(84.3-92.7)
	<b>Other/Multiple<sup>d</sup></b>	2	2.9%	(0.0-6.7)	50	97.1%	(93.3-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Had at least one drink of alcohol on at least 1 day during the 30 days before the survey.

**Table 35: Percentage of middle school students who recently participated in binge drinking,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	35	3.0%	(1.7-4.2)	1082	97.0%	(95.8-98.3)
<b>Sex</b>	<b>Female</b>	16	3.4%	(1.5-5.2)	535	96.6%	(94.8-98.5)
	<b>Male</b>	19	2.6%	(1.1-4.1)	545	97.4%	(95.9-98.9)
<b>Age</b>	<b>11 years old or younger</b>	1	2.1%	(0.0-6.6)	52	97.9%	(93.4-100.0)
	<b>12 years old</b>	5	1.2%	(0.0-2.6)	310	98.8%	(97.4-100.0)
	<b>13 years old</b>	16	3.7%	(1.4-5.9)	469	96.3%	(94.1-98.6)
	<b>14 years old</b>	13	5.1%	(2.4-7.8)	250	94.9%	(92.2-97.6)
<b>Grade</b>	<b>6th grade</b>	3	2.3%	(0.0-4.7)	112	97.7%	(95.3-100.0)
	<b>7th grade</b>	15	2.6%	(1.2-3.9)	557	97.4%	(96.1-98.8)
	<b>8th grade</b>	16	3.9%	(1.6-6.3)	404	96.1%	(93.7-98.4)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	1	3.9%	(0.0-11.6)	25	96.1%	(88.4-100.0)
	<b>Asian<sup>d</sup></b>	0	.	(.-)	42	100.0%	(100.0-100.0)
	<b>Black<sup>d</sup></b>	3	10.3%	(0.0-21.2)	34	89.7%	(78.8-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	0	.	(.-)	23	100.0%	(100.0-100.0)
	<b>White<sup>d</sup></b>	18	3.7%	(1.5-5.8)	458	96.3%	(94.2-98.5)
	<b>Hispanic/Latino</b>	11	2.1%	(0.3-3.9)	402	97.9%	(96.1-99.7)
	<b>Other/Multiple<sup>d</sup></b>	1	1.3%	(0.0-4.1)	53	98.7%	(95.9-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Had five or more drinks of alcohol in a row within a couple of hours on at least 1 day during the 30 days before the survey.

## Marijuana Use

**Table 36: Percentage of middle school students who ever used marijuana, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	150	12.0%	(8.3-15.8)	976	88.0%	(84.2-91.7)
<b>Sex</b>	<b>Female</b>	64	10.4%	(6.3-14.4)	490	89.6%	(85.6-93.7)
	<b>Male</b>	86	13.7%	(9.2-18.2)	484	86.3%	(81.8-90.8)
<b>Age</b>	<b>11 years old or younger</b>	1	2.2%	(0.0-7.0)	51	97.8%	(93.0-100.0)
	<b>12 years old</b>	29	7.7%	(4.6-10.8)	291	92.3%	(89.2-95.4)
	<b>13 years old</b>	68	15.1%	(10.6-19.5)	421	84.9%	(80.5-89.4)
	<b>14 years old</b>	52	20.0%	(14.1-25.9)	212	80.0%	(74.1-85.9)
<b>Grade</b>	<b>6th grade</b>	4	4.0%	(1.2-6.9)	111	96.0%	(93.1-98.8)
	<b>7th grade</b>	64	11.3%	(7.5-15.0)	515	88.7%	(85.0-92.5)
	<b>8th grade</b>	80	19.9%	(14.7-25.0)	339	80.1%	(75.0-85.3)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	6	18.4%	(1.1-35.8)	20	81.6%	(64.2-98.9)
	<b>Asian<sup>d</sup></b>	1	2.3%	(0.0-7.2)	41	97.7%	(92.8-100.0)
	<b>Black<sup>d</sup></b>	9	15.0%	(1.2-28.9)	27	85.0%	(71.1-98.8)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	5	20.4%	(3.3-37.5)	19	79.6%	(62.5-96.7)
	<b>White<sup>d</sup></b>	45	8.5%	(4.7-12.4)	433	91.5%	(87.6-95.3)
	<b>Hispanic/Latino</b>	76	16.2%	(11.6-20.9)	343	83.8%	(79.1-88.4)
	<b>Other/Multiple<sup>d</sup></b>	3	4.3%	(0.0-8.9)	51	95.7%	(91.1-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

**Table 37: Percentage of middle school students who tried marijuana for the first time before age 11 years, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	36	2.7%	(1.6-3.7)	1083	97.3%	(96.3-98.4)
<b>Sex</b>	<b>Female</b>	18	3.3%	(1.6-5.1)	533	96.7%	(94.9-98.4)
	<b>Male</b>	18	2.1%	(0.9-3.3)	548	97.9%	(96.7-99.1)
<b>Age</b>	<b>11 years old or younger</b>	1	2.2%	(0.0-7.0)	51	97.8%	(93.0-100.0)
	<b>12 years old</b>	7	0.9%	(0.0-1.9)	312	99.1%	(98.1-100.0)
	<b>13 years old</b>	17	4.1%	(1.8-6.3)	465	95.9%	(93.7-98.2)
	<b>14 years old</b>	11	3.6%	(1.5-5.7)	254	96.4%	(94.3-98.5)
<b>Grade</b>	<b>6th grade</b>	2	1.8%	(0.0-4.2)	114	98.2%	(95.8-100.0)
	<b>7th grade</b>	20	3.2%	(1.5-4.8)	554	96.8%	(95.2-98.5)
	<b>8th grade</b>	13	3.0%	(1.6-4.4)	403	97.0%	(95.6-98.4)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	1	2.6%	(0.0-8.0)	25	97.4%	(92.0-100.0)
	<b>Asian<sup>d</sup></b>	1	2.3%	(0.0-7.2)	41	97.7%	(92.8-100.0)
	<b>Black<sup>d</sup></b>	3	4.6%	(0.0-12.0)	33	95.4%	(88.0-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	0	.	(.-)	24	100.0%	(100.0-100.0)
	<b>White<sup>d</sup></b>	14	3.0%	(1.1-5.0)	463	97.0%	(95.0-98.9)
	<b>Hispanic/Latino</b>	13	2.4%	(1.0-3.9)	402	97.6%	(96.1-99.0)
	<b>Other/Multiple<sup>d</sup></b>	1	1.4%	(0.0-3.9)	53	98.6%	(96.1-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

**Table 38: Percentage of middle school students who currently use marijuana,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	71	5.9%	(3.6-8.2)	1077	94.1%	(91.8-96.4)
<b>Sex</b>	<b>Female</b>	27	4.8%	(2.6-7.1)	536	95.2%	(92.9-97.4)
	<b>Male</b>	44	6.9%	(4.0-9.8)	539	93.1%	(90.2-96.0)
<b>Age</b>	<b>11 years old or younger</b>	1	2.1%	(0.0-6.6)	53	97.9%	(93.4-100.0)
	<b>12 years old</b>	12	3.3%	(0.9-5.7)	315	96.7%	(94.3-99.1)
	<b>13 years old</b>	28	6.6%	(3.4-9.7)	466	93.4%	(90.3-96.6)
	<b>14 years old</b>	30	11.2%	(6.5-15.8)	242	88.8%	(84.2-93.5)
<b>Grade</b>	<b>6th grade</b>	3	2.9%	(0.0-6.8)	114	97.1%	(93.2-100.0)
	<b>7th grade</b>	31	5.7%	(2.8-8.6)	561	94.3%	(91.4-97.2)
	<b>8th grade</b>	36	8.9%	(5.6-12.2)	390	91.1%	(87.8-94.4)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	3	9.1%	(0.0-19.6)	23	90.9%	(80.4-100.0)
	<b>Asian<sup>d</sup></b>	0	.	(.-)	44	100.0%	(100.0-100.0)
	<b>Black<sup>d</sup></b>	6	10.4%	(0.0-21.4)	30	89.6%	(78.6-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	4	16.4%	(1.1-31.7)	20	83.6%	(68.3-98.9)
	<b>White<sup>d</sup></b>	22	4.6%	(2.2-7.0)	469	95.4%	(93.0-97.8)
	<b>Hispanic/Latino</b>	35	7.3%	(4.2-10.4)	390	92.7%	(89.6-95.8)
	<b>Other/Multiple<sup>d</sup></b>	1	1.5%	(0.0-4.5)	54	98.5%	(95.5-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Used marijuana one or more times during the 30 days before the survey.

## Drug Use

**Table 39: Percentage of middle school students who ever used cocaine,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	31	2.9%	(1.3-4.4)	1138	97.1%	(95.6-98.7)
<b>Sex</b>	<b>Female</b>	14	3.7%	(1.1-6.4)	563	96.3%	(93.6-98.9)
	<b>Male</b>	17	2.1%	(0.7-3.4)	573	97.9%	(96.6-99.3)
<b>Age</b>	<b>11 years old or younger</b>	3	6.2%	(0.0-13.8)	53	93.8%	(86.2-100.0)
	<b>12 years old</b>	3	0.5%	(0.0-1.2)	329	99.5%	(98.8-100.0)
	<b>13 years old</b>	10	2.5%	(0.5-4.4)	496	97.5%	(95.6-99.5)
	<b>14 years old</b>	15	5.0%	(1.7-8.2)	259	95.0%	(91.8-98.3)
<b>Grade</b>	<b>6th grade</b>	4	3.5%	(0.0-7.6)	115	96.5%	(92.4-100.0)
	<b>7th grade</b>	9	1.2%	(0.1-2.3)	595	98.8%	(97.7-99.9)
	<b>8th grade</b>	17	3.9%	(1.4-6.4)	416	96.1%	(93.6-98.6)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	0	.	(.-)	27	100.0%	(100.0-100.0)
	<b>Asian<sup>d</sup></b>	0	.	(.-)	44	100.0%	(100.0-100.0)
	<b>Black<sup>d</sup></b>	5	8.8%	(0.0-18.9)	31	91.2%	(81.1-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	0	.	(.-)	24	100.0%	(100.0-100.0)
	<b>White<sup>d</sup></b>	15	3.7%	(1.0-6.3)	482	96.3%	(93.7-99.0)
	<b>Hispanic/Latino</b>	10	2.5%	(0.4-4.6)	427	97.5%	(95.4-99.6)
	<b>Other/Multiple<sup>d</sup></b>	0	.	(.-)	56	100.0%	(100.0-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Used any form of cocaine (e.g., powder, crack, or freebase) one or more times during their life.



**Table 40: Percentage of middle school students who ever used inhalants,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	84	6.6%	(4.5-8.6)	1085	93.4%	(91.4-95.5)
<b>Sex</b>	<b>Female</b>	37	6.3%	(3.6-9.0)	540	93.7%	(91.0-96.4)
	<b>Male</b>	47	6.8%	(4.6-9.0)	543	93.2%	(91.0-95.4)
<b>Age</b>	<b>11 years old or younger</b>	3	4.3%	(0.0-11.2)	53	95.7%	(88.8-100.0)
	<b>12 years old</b>	17	4.1%	(1.6-6.6)	315	95.9%	(93.4-98.4)
	<b>13 years old</b>	47	10.2%	(7.0-13.5)	457	89.8%	(86.5-93.0)
	<b>14 years old</b>	17	6.1%	(3.0-9.1)	259	93.9%	(90.9-97.0)
<b>Grade</b>	<b>6th grade</b>	6	4.3%	(0.0-8.7)	113	95.7%	(91.3-100.0)
	<b>7th grade</b>	43	7.3%	(5.3-9.3)	562	92.7%	(90.7-94.7)
	<b>8th grade</b>	33	7.7%	(5.0-10.3)	399	92.3%	(89.7-95.0)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	3	8.9%	(0.0-19.2)	24	91.1%	(80.8-100.0)
	<b>Asian<sup>d</sup></b>	2	3.2%	(0.0-7.9)	42	96.8%	(92.1-100.0)
	<b>Black<sup>d</sup></b>	6	15.9%	(0.0-32.7)	30	84.1%	(67.3-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	2	9.7%	(0.0-22.8)	21	90.3%	(77.2-100.0)
	<b>White<sup>d</sup></b>	27	4.9%	(2.5-7.2)	468	95.1%	(92.8-97.5)
	<b>Hispanic/Latino</b>	36	7.7%	(4.8-10.6)	404	92.3%	(89.4-95.2)
	<b>Other/Multiple<sup>d</sup></b>	5	6.6%	(1.2-12.0)	51	93.4%	(88.0-98.8)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life.

**Table 41: Percentage of middle school students who ever used methamphetamines,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	23	2.1%	(0.9-3.3)	1117	97.9%	(96.7-99.1)
<b>Sex</b>	<b>Female</b>	10	2.6%	(0.6-4.5)	555	97.4%	(95.5-99.4)
	<b>Male</b>	13	1.7%	(0.4-3.0)	560	98.3%	(97.0-99.6)
<b>Age</b>	<b>11 years old or younger</b>	2	4.2%	(0.0-11.1)	54	95.8%	(88.9-100.0)
	<b>12 years old</b>	3	0.5%	(0.0-1.3)	320	99.5%	(98.7-100.0)
	<b>13 years old</b>	12	3.1%	(0.9-5.2)	481	96.9%	(94.8-99.1)
	<b>14 years old</b>	6	1.9%	(0.2-3.6)	261	98.1%	(96.4-99.8)
<b>Grade</b>	<b>6th grade</b>	3	2.7%	(0.0-6.0)	115	97.3%	(94.0-100.0)
	<b>7th grade</b>	7	1.1%	(0.1-2.0)	580	98.9%	(98.0-99.9)
	<b>8th grade</b>	12	2.6%	(0.9-4.2)	411	97.4%	(95.8-99.1)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	0	.	(.-)	26	100.0%	(100.0-100.0)
	<b>Asian<sup>d</sup></b>	1	1.6%	(0.0-4.8)	42	98.4%	(95.2-100.0)
	<b>Black<sup>d</sup></b>	4	7.4%	(0.0-16.0)	29	92.6%	(84.0-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	0	.	(.-)	23	100.0%	(100.0-100.0)
	<b>White<sup>d</sup></b>	10	2.5%	(0.7-4.3)	476	97.5%	(95.7-99.3)
	<b>Hispanic/Latino</b>	7	2.0%	(0.1-3.8)	421	98.0%	(96.2-99.9)
	<b>Other/Multiple<sup>d</sup></b>	0	.	(.-)	55	100.0%	(100.0-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Used methamphetamines (also called “speed,” “crystal,” “crank,” or “ice”) one or more times during their life.

**Table 42: Percentage of middle school students who ever used synthetic marijuana,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	50	4.4%	(2.5-6.3)	1111	95.6%	(93.7-97.5)
<b>Sex</b>	<b>Female</b>	19	4.0%	(1.6-6.3)	556	96.0%	(93.7-98.4)
	<b>Male</b>	31	4.9%	(2.7-7.1)	553	95.1%	(92.9-97.3)
<b>Age</b>	<b>11 years old or younger</b>	2	4.2%	(0.0-11.1)	54	95.8%	(88.9-100.0)
	<b>12 years old</b>	4	1.6%	(0.0-3.6)	327	98.4%	(96.4-100.0)
	<b>13 years old</b>	25	5.6%	(2.9-8.3)	474	94.4%	(91.7-97.1)
	<b>14 years old</b>	19	6.9%	(2.4-11.4)	255	93.1%	(88.6-97.6)
<b>Grade</b>	<b>6th grade</b>	4	3.8%	(0.0-8.2)	115	96.2%	(91.8-100.0)
	<b>7th grade</b>	18	2.8%	(1.3-4.2)	581	97.2%	(95.8-98.7)
	<b>8th grade</b>	27	6.4%	(3.5-9.3)	404	93.6%	(90.7-96.5)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	3	10.5%	(0.0-25.5)	24	89.5%	(74.5-100.0)
	<b>Asian<sup>d</sup></b>	0	.	(.-)	43	100.0%	(100.0-100.0)
	<b>Black<sup>d</sup></b>	4	7.8%	(0.0-16.8)	30	92.2%	(83.2-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	1	5.1%	(0.0-15.5)	23	94.9%	(84.5-100.0)
	<b>White<sup>d</sup></b>	20	4.0%	(1.8-6.2)	475	96.0%	(93.8-98.2)
	<b>Hispanic/Latino</b>	19	4.8%	(2.3-7.3)	417	95.2%	(92.7-97.7)
	<b>Other/Multiple<sup>d</sup></b>	0	.	(.-)	56	100.0%	(100.0-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Used synthetic marijuana (also called K2 or spice) one or more times during their life.

**Table 43: Percentage of middle school students who ever took steroids without a doctor’s prescription,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	24	2.7%	(1.2-4.1)	1140	97.3%	(95.9-98.8)
<b>Sex</b>	<b>Female</b>	14	3.2%	(1.2-5.2)	562	96.8%	(94.8-98.8)
	<b>Male</b>	10	2.2%	(0.0-4.5)	576	97.8%	(95.5-100.0)
<b>Age</b>	<b>11 years old or younger</b>	2	4.2%	(0.0-11.1)	54	95.8%	(88.9-100.0)
	<b>12 years old</b>	2	1.9%	(0.0-5.4)	330	98.1%	(94.6-100.0)
	<b>13 years old</b>	13	3.0%	(1.0-5.0)	487	97.0%	(95.0-99.0)
	<b>14 years old</b>	7	2.5%	(0.8-4.1)	268	97.5%	(95.9-99.2)
<b>Grade</b>	<b>6th grade</b>	5	4.6%	(0.2-9.1)	114	95.4%	(90.9-99.8)
	<b>7th grade</b>	7	1.0%	(0.3-1.7)	594	99.0%	(98.3-99.7)
	<b>8th grade</b>	12	2.7%	(1.3-4.0)	420	97.3%	(96.0-98.7)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	0	.	(.-)	27	100.0%	(100.0-100.0)
	<b>Asian<sup>d</sup></b>	0	.	(.-)	44	100.0%	(100.0-100.0)
	<b>Black<sup>d</sup></b>	2	3.4%	(0.0-8.8)	33	96.6%	(91.2-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	3	13.5%	(0.0-27.3)	21	86.5%	(72.7-100.0)
	<b>White<sup>d</sup></b>	11	3.5%	(0.8-6.2)	485	96.5%	(93.8-99.2)
	<b>Hispanic/Latino</b>	7	1.9%	(0.1-3.6)	429	98.1%	(96.4-99.9)
	<b>Other/Multiple<sup>d</sup></b>	0	.	(.-)	56	100.0%	(100.0-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Took steroid pills or shots without a doctor’s prescription one or more times during their life.

**Table 44: Percentage of middle school students who ever took prescription drugs without a doctor’s prescription,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	46	3.8%	(2.3-5.2)	1096	96.2%	(94.8-97.7)
<b>Sex</b>	<b>Female</b>	24	4.6%	(2.4-6.9)	546	95.4%	(93.1-97.6)
	<b>Male</b>	22	2.9%	(1.4-4.5)	548	97.1%	(95.5-98.6)
<b>Age</b>	<b>11 years old or younger</b>	2	4.2%	(0.0-11.1)	54	95.8%	(88.9-100.0)
	<b>12 years old</b>	7	1.0%	(0.1-1.9)	319	99.0%	(98.1-99.9)
	<b>13 years old</b>	22	5.1%	(2.3-7.9)	469	94.9%	(92.1-97.7)
	<b>14 years old</b>	15	5.6%	(2.7-8.4)	253	94.4%	(91.6-97.3)
<b>Grade</b>	<b>6th grade</b>	3	2.7%	(0.0-6.1)	114	97.3%	(93.9-100.0)
	<b>7th grade</b>	18	2.7%	(1.4-3.9)	570	97.3%	(96.1-98.6)
	<b>8th grade</b>	23	5.5%	(3.2-7.8)	402	94.5%	(92.2-96.8)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	1	3.8%	(0.0-11.5)	26	96.2%	(88.5-100.0)
	<b>Asian<sup>d</sup></b>	2	3.2%	(0.0-8.2)	41	96.8%	(91.8-100.0)
	<b>Black<sup>d</sup></b>	5	8.3%	(0.0-18.9)	29	91.7%	(81.1-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	0	.	(.-)	24	100.0%	(100.0-100.0)
	<b>White<sup>d</sup></b>	20	4.0%	(1.9-6.2)	468	96.0%	(93.8-98.1)
	<b>Hispanic/Latino</b>	15	3.4%	(1.4-5.4)	411	96.6%	(94.6-98.6)
	<b>Other/Multiple<sup>d</sup></b>	2	3.4%	(0.0-8.4)	52	96.6%	(91.6-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Took prescription drugs (e.g., Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor’s prescription one or more times during their life.

**Table 45: Percentage of middle school students who currently take prescription drugs without a doctor's prescription,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	27	2.8%	(1.7-4.0)	1104	97.2%	(96.0-98.3)
<b>Sex</b>	<b>Female</b>	15	3.5%	(1.5-5.6)	545	96.5%	(94.4-98.5)
	<b>Male</b>	12	2.2%	(0.7-3.6)	557	97.8%	(96.4-99.3)
<b>Age</b>	<b>11 years old or younger</b>	2	4.3%	(0.0-11.4)	53	95.7%	(88.6-100.0)
	<b>12 years old</b>	2	1.2%	(0.0-3.1)	318	98.8%	(96.9-100.0)
	<b>13 years old</b>	14	3.7%	(1.5-5.9)	476	96.3%	(94.1-98.5)
	<b>14 years old</b>	9	3.0%	(1.1-4.9)	256	97.0%	(95.1-98.9)
<b>Grade</b>	<b>6th grade</b>	4	3.7%	(0.0-7.6)	112	96.3%	(92.4-100.0)
	<b>7th grade</b>	9	1.5%	(0.6-2.4)	573	98.5%	(97.6-99.4)
	<b>8th grade</b>	14	3.4%	(1.8-5.0)	408	96.6%	(95.0-98.2)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	1	3.8%	(0.0-11.5)	26	96.2%	(88.5-100.0)
	<b>Asian<sup>d</sup></b>	0	.	(.-)	43	100.0%	(100.0-100.0)
	<b>Black<sup>d</sup></b>	3	4.8%	(0.0-11.2)	31	95.2%	(88.8-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	0	.	(.-)	24	100.0%	(100.0-100.0)
	<b>White<sup>d</sup></b>	14	3.6%	(1.6-5.7)	469	96.4%	(94.3-98.4)
	<b>Hispanic/Latino</b>	8	2.1%	(0.3-3.9)	414	97.9%	(96.1-99.7)
	<b>Other/Multiple<sup>d</sup></b>	1	1.3%	(0.0-3.8)	52	98.7%	(96.2-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Took prescription drugs (e.g., Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times in the last 30 days before the survey.

**Diet**

**Table 46: Percentage of middle school students who did not eat breakfast,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes					
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	)
<b>Washoe County</b>	<b>Total</b>	153	12.8%	(10.4-15.2)	993	87.2%	)
<b>Sex</b>	<b>Female</b>	100	17.2%	(13.9-20.5)	473	82.8%	)
	<b>Male</b>	53	8.6%	(5.0-12.2)	518	91.4%	)
<b>Age</b>	<b>11 years old or younger</b>	4	9.1%	(2.0-16.2)	52	90.9%	)
	<b>12 years old</b>	35	10.4%	(7.2-13.6)	290	89.6%	)
	<b>13 years old</b>	66	13.5%	(10.7-16.4)	425	86.5%	)
	<b>14 years old</b>	48	17.7%	(11.6-23.8)	225	82.3%	)
<b>Grade</b>	<b>6th grade</b>	9	9.2%	(4.8-13.5)	110	90.8%	)
	<b>7th grade</b>	75	13.3%	(10.6-16.1)	511	86.7%	)
	<b>8th grade</b>	67	15.7%	(11.9-19.4)	362	84.3%	)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	3	19.3%	(0.0-43.4)	23	80.7%	0)
	<b>Asian<sup>d</sup></b>	5	7.9%	(0.0-16.3)	39	92.1%	0)
	<b>Black<sup>d</sup></b>	4	7.2%	(0.0-15.3)	31	92.8%	0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	5	19.9%	(0.0-40.0)	19	80.1%	0)
	<b>White<sup>d</sup></b>	41	7.1%	(4.7-9.5)	447	92.9%	)
	<b>Hispanic/Latino</b>	87	19.3%	(15.5-23.1)	343	80.7%	)
	<b>Other/Multiple<sup>d</sup></b>	5	10.9%	(0.0-23.0)	51	89.1%	0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> During the 7 days before the survey.

**Table 47: Percentage of middle school students who ate breakfast all 7 days,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	518	46.8%	(41.7-51.9)	628	53.2%	(48.1-58.3)
<b>Sex</b>	<b>Female</b>	228	41.9%	(34.8-49.1)	345	58.1%	(50.9-65.2)
	<b>Male</b>	288	51.5%	(46.3-56.6)	283	48.5%	(43.4-53.7)
<b>Age</b>	<b>11 years old or younger</b>	33	56.5%	(45.8-67.1)	23	43.5%	(32.9-54.2)
	<b>12 years old</b>	167	54.0%	(44.1-63.8)	158	46.0%	(36.2-55.9)
	<b>13 years old</b>	208	41.2%	(36.2-46.3)	283	58.8%	(53.7-63.8)
	<b>14 years old</b>	109	38.5%	(30.0-47.1)	164	61.5%	(52.9-70.0)
<b>Grade</b>	<b>6th grade</b>	72	58.2%	(51.9-64.6)	47	41.8%	(35.4-48.1)
	<b>7th grade</b>	273	45.2%	(41.6-48.7)	313	54.8%	(51.3-58.4)
	<b>8th grade</b>	169	38.3%	(31.4-45.3)	260	61.7%	(54.7-68.6)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	6	27.6%	(5.1-50.1)	20	72.4%	(49.9-94.9)
	<b>Asian<sup>d</sup></b>	27	65.9%	(40.6-91.2)	17	34.1%	(8.8-59.4)
	<b>Black<sup>d</sup></b>	21	71.9%	(55.2-88.6)	14	28.1%	(11.4-44.8)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	5	24.6%	(2.1-47.1)	19	75.4%	(52.9-97.9)
	<b>White<sup>d</sup></b>	249	55.3%	(49.0-61.6)	239	44.7%	(38.4-51.0)
	<b>Hispanic/Latino</b>	163	38.7%	(31.5-46.0)	267	61.3%	(54.0-68.5)
	<b>Other/Multiple<sup>d</sup></b>	23	40.1%	(21.0-59.1)	33	59.9%	(40.9-79.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> During the 7 days before the survey.



**Table 48: Percentage of middle school students who go hungry because there is not enough food in the house,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Never/Rarely			Sometimes			Most of the time/Always		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	956	84.0%	(80.2-87.8)	136	12.5%	(8.4-16.6)	41	3.5%	(1.9-5.0)
<b>Sex</b>	<b>Female</b>	482	84.0%	(79.7-88.3)	68	12.6%	(8.4-16.9)	19	3.3%	(1.5-5.2)
	<b>Male</b>	472	84.0%	(79.7-88.2)	68	12.5%	(7.9-17.0)	22	3.6%	(1.7-5.5)
<b>Age</b>	<b>11 years/younger</b>	46	81.4%	(72.2-90.7)	6	13.3%	(2.3-24.3)	4	5.3%	(0.0-10.9)
	<b>12 years old</b>	270	84.5%	(78.6-90.3)	42	13.0%	(6.9-19.2)	10	2.5%	(0.2-4.8)
	<b>13 years old</b>	415	84.4%	(80.6-88.2)	54	11.9%	(8.6-15.2)	17	3.7%	(2.0-5.4)
	<b>14 years old</b>	224	84.3%	(78.2-90.4)	34	12.3%	(7.5-17.0)	10	3.4%	(1.3-5.6)
<b>Grade</b>	<b>6th grade</b>	99	83.0%	(72.5-93.5)	14	13.7%	(1.9-25.6)	5	3.3%	(0.0-7.4)
	<b>7th grade</b>	487	83.7%	(80.5-86.9)	70	11.9%	(8.9-14.9)	24	4.4%	(2.3-6.5)
	<b>8th grade</b>	362	86.0%	(81.6-90.4)	49	11.5%	(7.6-15.3)	11	2.5%	(1.3-3.8)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	21	87.8%	(75.1-100.0)	3	9.5%	(0.0-20.8)	1	2.7%	(0.0-8.3)
	<b>Asian<sup>d</sup></b>	36	87.3%	(76.2-98.3)	8	12.7%	(1.7-23.8)	0	.	(.-)
	<b>Black<sup>d</sup></b>	25	78.9%	(64.8-93.0)	7	11.5%	(0.8-22.2)	2	9.6%	(0.0-22.2)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	19	78.5%	(62.4-94.6)	2	9.2%	(0.0-18.6)	3	12.4%	(0.0-25.1)
	<b>White<sup>d</sup></b>	418	85.6%	(80.8-90.3)	50	10.8%	(5.9-15.7)	15	3.6%	(0.8-6.4)
	<b>Hispanic/Latino</b>	347	81.9%	(77.2-86.6)	61	15.5%	(10.9-20.2)	15	2.6%	(0.7-4.5)
	<b>Other/Multiple<sup>d</sup></b>	48	86.3%	(75.4-97.2)	4	9.4%	(0.0-19.8)	3	4.3%	(0.0-9.3)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> During the last 30 days before the survey

**Table 49: Percentage of middle school students who visited a dentist,<sup>e,f</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	766	70.0%	(66.3-73.8)	342	30.0%	(26.2-33.7)
<b>Sex</b>	<b>Female</b>	389	68.8%	(64.5-73.1)	165	31.2%	(26.9-35.5)
	<b>Male</b>	377	71.3%	(65.7-77.0)	175	28.7%	(23.0-34.3)
<b>Age</b>	<b>11 years old or younger</b>	35	65.4%	(54.1-76.7)	17	34.6%	(23.3-45.9)
	<b>12 years old</b>	217	71.5%	(59.3-83.8)	95	28.5%	(16.2-40.7)
	<b>13 years old</b>	325	69.0%	(64.2-73.9)	151	31.0%	(26.1-35.8)
	<b>14 years old</b>	189	72.1%	(64.6-79.5)	78	27.9%	(20.5-35.4)
<b>Grade</b>	<b>6th grade</b>	77	70.1%	(62.3-77.8)	34	29.9%	(22.2-37.7)
	<b>7th grade</b>	372	65.7%	(60.8-70.6)	195	34.3%	(29.4-39.2)
	<b>8th grade</b>	307	73.9%	(67.3-80.4)	111	26.1%	(19.6-32.7)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	17	68.2%	(45.9-90.4)	8	31.8%	(9.6-54.1)
	<b>Asian<sup>d</sup></b>	29	65.0%	(49.9-80.2)	14	35.0%	(19.8-50.1)
	<b>Black<sup>d</sup></b>	21	71.7%	(49.4-94.0)	12	28.3%	(6.0-50.6)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	14	63.0%	(47.5-78.5)	9	37.0%	(21.5-52.5)
	<b>White<sup>d</sup></b>	364	74.0%	(67.7-80.3)	113	26.0%	(19.7-32.3)
	<b>Hispanic/Latino</b>	262	67.7%	(60.8-74.6)	146	32.3%	(25.4-39.2)
	<b>Other/Multiple<sup>d</sup></b>	34	57.7%	(37.8-77.6)	21	42.3%	(22.4-62.2)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Visited a dentist office for a check-up, exam, teeth cleaning, or other dental work.

<sup>f</sup> During the 12 months before the survey.

## Physical Activity

**Table 50: Percentage of middle school students who did not participate in at least 60 minutes of physical activity on any day,<sup>e,f</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	137	10.9%	(8.0-13.8)	992	89.1%	(86.2-92.0)
<b>Sex</b>	<b>Female</b>	85	13.8%	(9.7-17.8)	478	86.2%	(82.2-90.3)
	<b>Male</b>	52	8.2%	(4.8-11.5)	512	91.8%	(88.5-95.2)
<b>Age</b>	<b>11 years old or younger</b>	5	9.1%	(1.5-16.8)	50	90.9%	(83.2-98.5)
	<b>12 years old</b>	36	10.0%	(4.3-15.8)	285	90.0%	(84.2-95.7)
	<b>13 years old</b>	65	12.9%	(9.8-15.9)	418	87.1%	(84.1-90.2)
	<b>14 years old</b>	31	10.3%	(6.6-14.0)	238	89.7%	(86.0-93.4)
<b>Grade</b>	<b>6th grade</b>	9	7.9%	(1.4-14.4)	108	92.1%	(85.6-98.6)
	<b>7th grade</b>	78	13.5%	(9.7-17.3)	500	86.5%	(82.7-90.3)
	<b>8th grade</b>	49	11.3%	(8.5-14.1)	373	88.7%	(85.9-91.5)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	4	11.1%	(0.0-22.6)	22	88.9%	(77.4-100.0)
	<b>Asian<sup>d</sup></b>	2	2.9%	(0.0-7.3)	41	97.1%	(92.7-100.0)
	<b>Black<sup>d</sup></b>	6	10.6%	(0.5-20.8)	29	89.4%	(79.2-99.5)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	4	16.5%	(1.8-31.2)	19	83.5%	(68.8-98.2)
	<b>White<sup>d</sup></b>	43	8.1%	(4.3-11.9)	445	91.9%	(88.1-95.7)
	<b>Hispanic/Latino</b>	66	14.3%	(9.5-19.2)	352	85.7%	(80.8-90.5)
	<b>Other/Multiple<sup>d</sup></b>	4	9.7%	(0.0-21.6)	50	90.3%	(78.4-100.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Were physically active doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time.

<sup>f</sup> During the 7 days before the survey.

**Table 51: Percentage of middle school students who were physically active at least 60 minutes/day on 5 or more days,<sup>e,f</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	657	59.9%	(54.1-65.7)	472	40.1%	(34.3-45.9)
<b>Sex</b>	<b>Female</b>	290	53.9%	(46.5-61.3)	273	46.1%	(38.7-53.5)
	<b>Male</b>	366	65.8%	(59.8-71.8)	198	34.2%	(28.2-40.2)
<b>Age</b>	<b>11 years old or younger</b>	34	62.2%	(47.6-76.8)	21	37.8%	(23.2-52.4)
	<b>12 years old</b>	193	63.6%	(51.5-75.7)	128	36.4%	(24.3-48.5)
	<b>13 years old</b>	274	55.9%	(50.4-61.4)	209	44.1%	(38.6-49.6)
	<b>14 years old</b>	156	59.1%	(51.2-67.1)	113	40.9%	(32.9-48.8)
<b>Grade</b>	<b>6th grade</b>	79	66.1%	(51.6-80.6)	38	33.9%	(19.4-48.4)
	<b>7th grade</b>	339	58.4%	(54.6-62.2)	239	41.6%	(37.8-45.4)
	<b>8th grade</b>	232	55.9%	(49.8-62.0)	190	44.1%	(38.0-50.2)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	10	44.7%	(20.8-68.6)	16	55.3%	(31.4-79.2)
	<b>Asian<sup>d</sup></b>	21	63.5%	(38.0-89.0)	22	36.5%	(11.0-62.0)
	<b>Black<sup>d</sup></b>	18	50.4%	(24.2-76.6)	17	49.6%	(23.4-75.8)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	13	57.2%	(39.9-74.5)	10	42.8%	(25.5-60.1)
	<b>White<sup>d</sup></b>	312	67.0%	(60.2-73.8)	176	33.0%	(26.2-39.8)
	<b>Hispanic/Latino</b>	222	53.8%	(44.2-63.5)	196	46.2%	(36.5-55.8)
	<b>Other/Multiple<sup>d</sup></b>	34	58.2%	(44.5-71.8)	20	41.8%	(28.2-55.5)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Were physically active doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time.

<sup>f</sup> During the 7 days before the survey.

**Table 52: Percentage of middle school students who were physically active at least 60 minutes/day for 7 days,<sup>e,f</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	390	36.2%	(32.1-40.2)	739	63.8%	(59.8-67.9)
<b>Sex</b>	<b>Female</b>	159	30.0%	(24.4-35.6)	404	70.0%	(64.4-75.6)
	<b>Male</b>	231	42.3%	(36.8-47.8)	333	57.7%	(52.2-63.2)
<b>Age</b>	<b>11 years old or younger</b>	21	38.9%	(32.5-45.3)	34	61.1%	(54.7-67.5)
	<b>12 years old</b>	111	38.8%	(30.0-47.5)	210	61.2%	(52.5-70.0)
	<b>13 years old</b>	167	33.6%	(28.3-38.9)	316	66.4%	(61.1-71.7)
	<b>14 years old</b>	91	34.6%	(28.3-40.8)	178	65.4%	(59.2-71.7)
<b>Grade</b>	<b>6th grade</b>	51	42.8%	(34.4-51.3)	66	57.2%	(48.7-65.6)
	<b>7th grade</b>	203	34.5%	(30.2-38.9)	375	65.5%	(61.1-69.8)
	<b>8th grade</b>	132	31.7%	(27.9-35.6)	290	68.3%	(64.4-72.1)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	8	36.8%	(12.8-60.8)	18	63.2%	(39.2-87.2)
	<b>Asian<sup>d</sup></b>	11	35.0%	(9.4-60.7)	32	65.0%	(39.3-90.6)
	<b>Black<sup>d</sup></b>	13	36.2%	(14.7-57.8)	22	63.8%	(42.2-85.3)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	5	21.0%	(4.1-37.9)	18	79.0%	(62.1-95.9)
	<b>White<sup>d</sup></b>	194	43.7%	(37.8-49.6)	294	56.3%	(50.4-62.2)
	<b>Hispanic/Latino</b>	121	28.7%	(24.1-33.3)	297	71.3%	(66.7-75.9)
	<b>Other/Multiple<sup>d</sup></b>	18	30.4%	(15.2-45.6)	36	69.6%	(54.4-84.8)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Were physically active doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time.

<sup>f</sup> During the 7 days before the survey.

**Table 53: Percentage of middle school students who played video or computer games or used a computer\* for 3 or more hours/day,<sup>e,f</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	412	33.9%	(29.1-38.7)	720	66.1%	(61.3-70.9)
<b>Sex</b>	<b>Female</b>	199	31.6%	(25.3-37.9)	367	68.4%	(62.1-74.7)
	<b>Male</b>	212	36.0%	(30.4-41.7)	352	64.0%	(58.3-69.6)
<b>Age</b>	<b>11 years old or younger</b>	10	19.3%	(0.1-38.4)	45	80.7%	(61.6-99.9)
	<b>12 years old</b>	104	32.7%	(28.1-37.3)	217	67.3%	(62.7-71.9)
	<b>13 years old</b>	193	38.4%	(33.6-43.2)	293	61.6%	(56.8-66.4)
	<b>14 years old</b>	105	37.9%	(30.6-45.2)	164	62.1%	(54.8-69.4)
<b>Grade</b>	<b>6th grade</b>	28	26.0%	(16.0-36.0)	90	74.0%	(64.0-84.0)
	<b>7th grade</b>	218	37.2%	(31.6-42.7)	363	62.8%	(57.3-68.4)
	<b>8th grade</b>	161	37.5%	(32.7-42.2)	260	62.5%	(57.8-67.3)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	7	27.8%	(5.4-50.3)	20	72.2%	(49.7-94.6)
	<b>Asian<sup>d</sup></b>	18	35.5%	(21.9-49.1)	26	64.5%	(50.9-78.1)
	<b>Black<sup>d</sup></b>	13	28.0%	(11.1-44.8)	22	72.0%	(55.2-88.9)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	7	32.6%	(12.5-52.8)	16	67.4%	(47.2-87.5)
	<b>White<sup>d</sup></b>	158	29.6%	(22.1-37.1)	327	70.4%	(62.9-77.9)
	<b>Hispanic/Latino</b>	170	38.6%	(32.7-44.5)	250	61.4%	(55.5-67.3)
	<b>Other/Multiple<sup>d</sup></b>	23	42.5%	(22.0-63.1)	31	57.5%	(36.9-78.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> For something that was not school work.

<sup>f</sup> On an average school day.

**Table 54: Percentage of middle school students who watched 3 or more hours/day of television,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	304	26.2%	(22.4-30.0)	830	73.8%	(70.0-77.6)
<b>Sex</b>	<b>Female</b>	156	24.4%	(19.2-29.6)	414	75.6%	(70.4-80.8)
	<b>Male</b>	147	28.0%	(21.3-34.7)	416	72.0%	(65.3-78.7)
<b>Age</b>	<b>11 years old or younger</b>	10	18.4%	(3.8-33.1)	45	81.6%	(66.9-96.2)
	<b>12 years old</b>	92	27.9%	(19.9-36.0)	230	72.1%	(64.0-80.1)
	<b>13 years old</b>	126	25.8%	(21.1-30.4)	363	74.2%	(69.6-78.9)
	<b>14 years old</b>	75	29.1%	(22.8-35.4)	192	70.9%	(64.6-77.2)
<b>Grade</b>	<b>6th grade</b>	27	22.8%	(14.5-31.0)	92	77.2%	(69.0-85.5)
	<b>7th grade</b>	153	26.9%	(21.8-32.1)	429	73.1%	(67.9-78.2)
	<b>8th grade</b>	122	29.0%	(23.0-35.0)	299	71.0%	(65.0-77.0)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	7	27.5%	(5.4-49.6)	20	72.5%	(50.4-94.6)
	<b>Asian<sup>d</sup></b>	9	19.1%	(9.2-29.1)	35	80.9%	(70.9-90.8)
	<b>Black<sup>d</sup></b>	12	30.5%	(6.9-54.1)	23	69.5%	(45.9-93.1)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	8	39.1%	(16.5-61.8)	14	60.9%	(38.2-83.5)
	<b>White<sup>d</sup></b>	110	21.0%	(15.3-26.7)	375	79.0%	(73.3-84.7)
	<b>Hispanic/Latino</b>	135	31.3%	(26.1-36.4)	288	68.7%	(63.6-73.9)
	<b>Other/Multiple<sup>d</sup></b>	13	29.0%	(13.5-44.5)	41	71.0%	(55.5-86.5)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> On an average school day.

**Table 55: Percentage of middle school students who attended physical education (PE) classes,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	434	33.8%	(23.3-44.3)	683	66.2%	(55.7-76.7)
<b>Sex</b>	<b>Female</b>	248	38.9%	(26.9-50.9)	309	61.1%	(49.1-73.1)
	<b>Male</b>	184	28.5%	(18.4-38.5)	374	71.5%	(61.5-81.6)
<b>Age</b>	<b>11 years old or younger</b>	9	14.5%	(0.0-29.8)	44	85.5%	(70.2-100.0)
	<b>12 years old</b>	104	24.6%	(11.7-37.4)	213	75.4%	(62.6-88.3)
	<b>13 years old</b>	193	41.6%	(31.7-51.4)	283	58.4%	(48.6-68.3)
	<b>14 years old</b>	127	47.3%	(33.3-61.4)	143	52.7%	(38.6-66.7)
<b>Grade</b>	<b>6th grade</b>	16	14.3%	(0.0-31.1)	100	85.7%	(68.9-100.0)
	<b>7th grade</b>	203	36.4%	(25.5-47.2)	367	63.6%	(52.8-74.5)
	<b>8th grade</b>	208	48.8%	(35.0-62.6)	211	51.2%	(37.4-65.0)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	11	39.1%	(14.9-63.3)	16	60.9%	(36.7-85.1)
	<b>Asian<sup>d</sup></b>	14	23.6%	(4.1-43.1)	29	76.4%	(56.9-95.9)
	<b>Black<sup>d</sup></b>	12	26.3%	(9.5-43.0)	22	73.7%	(57.0-90.5)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	11	49.7%	(29.5-69.8)	12	50.3%	(30.2-70.5)
	<b>White<sup>d</sup></b>	172	31.4%	(19.4-43.4)	310	68.6%	(56.6-80.6)
	<b>Hispanic/Latino</b>	176	35.5%	(24.7-46.2)	235	64.5%	(53.8-75.3)
	<b>Other/Multiple<sup>d</sup></b>	22	37.8%	(22.2-53.3)	32	62.2%	(46.7-77.8)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> On 1 or more days in an average week when they were in school.



**Table 56: Percentage of middle school students who attended physical education (PE) classes daily,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	301	33.3%	(18.3-48.2)	816	66.7%	(51.8-81.7)
<b>Sex</b>	<b>Female</b>	137	31.1%	(15.4-46.9)	420	68.9%	(53.1-84.6)
	<b>Male</b>	164	35.5%	(20.6-50.4)	394	64.5%	(49.6-79.4)
<b>Age</b>	<b>11 years old or younger</b>	21	45.3%	(8.9-81.7)	32	54.7%	(18.3-91.1)
	<b>12 years old</b>	102	44.9%	(20.4-69.3)	215	55.1%	(30.7-79.6)
	<b>13 years old</b>	123	25.6%	(16.6-34.6)	353	74.4%	(65.4-83.4)
	<b>14 years old</b>	55	20.2%	(9.6-30.8)	215	79.8%	(69.2-90.4)
<b>Grade</b>	<b>6th grade</b>	59	53.6%	(16.6-90.6)	57	46.4%	(9.4-83.4)
	<b>7th grade</b>	151	26.5%	(15.7-37.3)	419	73.5%	(62.7-84.3)
	<b>8th grade</b>	89	21.6%	(10.8-32.4)	330	78.4%	(67.6-89.2)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	6	27.2%	(3.9-50.4)	21	72.8%	(49.6-96.1)
	<b>Asian<sup>d</sup></b>	8	13.1%	(0.0-27.0)	35	86.9%	(73.0-100.0)
	<b>Black<sup>d</sup></b>	7	27.3%	(3.0-51.6)	27	72.7%	(48.4-97.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	5	20.1%	(6.1-34.0)	18	79.9%	(66.0-93.9)
	<b>White<sup>d</sup></b>	133	33.4%	(17.0-49.8)	349	66.6%	(50.2-83.0)
	<b>Hispanic/Latino</b>	114	35.1%	(19.9-50.4)	297	64.9%	(49.6-80.1)
	<b>Other/Multiple<sup>d</sup></b>	15	35.0%	(18.0-51.9)	39	65.0%	(48.1-82.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> 5 days in an average week when they were in school.

**Table 57: Percentage of middle school students who played on at least one sports team,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	705	63.8%	(58.8-68.9)	416	36.2%	(31.1-41.2)
<b>Sex</b>	<b>Female</b>	331	60.6%	(53.7-67.6)	228	39.4%	(32.4-46.3)
	<b>Male</b>	373	66.9%	(62.0-71.9)	187	33.1%	(28.1-38.0)
<b>Age</b>	<b>11 years old or younger</b>	33	62.4%	(36.1-88.7)	21	37.6%	(11.3-63.9)
	<b>12 years old</b>	213	67.3%	(62.9-71.7)	102	32.7%	(28.3-37.1)
	<b>13 years old</b>	295	62.6%	(58.3-66.8)	187	37.4%	(33.2-41.7)
	<b>14 years old</b>	164	61.5%	(52.5-70.5)	105	38.5%	(29.5-47.5)
<b>Grade</b>	<b>6th grade</b>	76	65.8%	(53.0-78.6)	39	34.2%	(21.4-47.0)
	<b>7th grade</b>	366	64.4%	(60.5-68.4)	205	35.6%	(31.6-39.5)
	<b>8th grade</b>	256	61.5%	(54.6-68.4)	167	38.5%	(31.6-45.4)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	15	67.7%	(49.7-85.7)	11	32.3%	(14.3-50.3)
	<b>Asian<sup>d</sup></b>	19	42.7%	(24.8-60.5)	24	57.3%	(39.5-75.2)
	<b>Black<sup>d</sup></b>	27	85.5%	(70.6-100.0)	8	14.5%	(0.0-29.4)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	16	68.0%	(50.4-85.5)	7	32.0%	(14.5-49.6)
	<b>White<sup>d</sup></b>	327	68.7%	(60.9-76.5)	158	31.3%	(23.5-39.1)
	<b>Hispanic/Latino</b>	244	56.8%	(50.4-63.1)	166	43.2%	(36.9-49.6)
	<b>Other/Multiple<sup>d</sup></b>	35	63.8%	(49.0-78.5)	19	36.2%	(21.5-51.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> Run by their school or community groups during the 12 months before the survey.

**Table 58: Percentage of middle school students who had 8 or more hours of sleep,<sup>e</sup> by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	614	59.3%	(53.4-65.3)	500	40.7%	(34.7-46.6)
<b>Sex</b>	<b>Female</b>	292	57.3%	(50.4-64.2)	262	42.7%	(35.8-49.6)
	<b>Male</b>	320	61.2%	(55.0-67.4)	238	38.8%	(32.6-45.0)
<b>Age</b>	<b>11 years old or younger</b>	41	75.0%	(57.9-92.1)	13	25.0%	(7.9-42.1)
	<b>12 years old</b>	197	68.6%	(61.0-76.2)	117	31.4%	(23.8-39.0)
	<b>13 years old</b>	253	52.6%	(47.9-57.3)	226	47.4%	(42.7-52.1)
	<b>14 years old</b>	122	46.0%	(40.3-51.8)	144	54.0%	(48.2-59.7)
<b>Grade</b>	<b>6th grade</b>	87	75.2%	(70.4-80.0)	28	24.8%	(20.0-29.6)
	<b>7th grade</b>	333	58.5%	(54.5-62.6)	235	41.5%	(37.4-45.5)
	<b>8th grade</b>	187	45.5%	(41.2-49.7)	232	54.5%	(50.3-58.8)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	12	39.8%	(18.5-61.2)	14	60.2%	(38.8-81.5)
	<b>Asian<sup>d</sup></b>	20	56.3%	(37.8-74.8)	23	43.7%	(25.2-62.2)
	<b>Black<sup>d</sup></b>	21	64.6%	(50.5-78.8)	13	35.4%	(21.2-49.5)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	6	27.6%	(5.5-49.6)	17	72.4%	(50.4-94.5)
	<b>White<sup>d</sup></b>	278	62.4%	(55.6-69.1)	202	37.6%	(30.9-44.4)
	<b>Hispanic/Latino</b>	224	58.5%	(50.6-66.4)	186	41.5%	(33.6-49.4)
	<b>Other/Multiple<sup>d</sup></b>	27	60.4%	(44.0-76.9)	27	39.6%	(23.1-56.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

<sup>e</sup> On an average school night.

## Weight

**Table 59: Percentage of middle school students who described themselves as slightly or very overweight, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	248	20.8%	(17.3-24.3)	899	79.2%	(75.7-82.7)
<b>Sex</b>	<b>Female</b>	133	22.4%	(18.4-26.3)	438	77.6%	(73.7-81.6)
	<b>Male</b>	115	19.4%	(14.2-24.6)	459	80.6%	(75.4-85.8)
<b>Age</b>	<b>11 years old or younger</b>	9	18.3%	(10.4-26.2)	45	81.7%	(73.8-89.6)
	<b>12 years old</b>	67	16.7%	(10.8-22.6)	257	83.3%	(77.4-89.2)
	<b>13 years old</b>	115	24.9%	(19.5-30.3)	379	75.1%	(69.7-80.5)
	<b>14 years old</b>	57	22.3%	(15.7-28.8)	217	77.7%	(71.2-84.3)
<b>Grade</b>	<b>6th grade</b>	16	14.7%	(9.8-19.6)	99	85.3%	(80.4-90.2)
	<b>7th grade</b>	121	21.0%	(16.9-25.1)	470	79.0%	(74.9-83.1)
	<b>8th grade</b>	105	25.4%	(19.6-31.2)	324	74.6%	(68.8-80.4)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	8	25.1%	(4.9-45.3)	18	74.9%	(54.7-95.1)
	<b>Asian<sup>d</sup></b>	8	12.5%	(2.0-23.0)	36	87.5%	(77.0-98.0)
	<b>Black<sup>d</sup></b>	3	9.8%	(0.0-20.9)	32	90.2%	(79.1-100.0)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	6	22.8%	(5.2-40.4)	18	77.2%	(59.6-94.8)
	<b>White<sup>d</sup></b>	92	16.3%	(11.8-20.8)	399	83.7%	(79.2-88.2)
	<b>Hispanic/Latino</b>	108	25.3%	(20.1-30.5)	321	74.7%	(69.5-79.9)
	<b>Other/Multiple<sup>d</sup></b>	15	29.3%	(15.5-43.1)	40	70.7%	(56.9-84.5)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

**Table 60: Percentage of middle school students who were trying to lose weight, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	458	38.4%	(34.0-42.8)	683	61.6%	(57.2-66.0)
<b>Sex</b>	<b>Female</b>	271	46.3%	(41.0-51.6)	296	53.7%	(48.4-59.0)
	<b>Male</b>	186	30.7%	(25.3-36.1)	386	69.3%	(63.9-74.7)
<b>Age</b>	<b>11 years old or younger</b>	18	36.8%	(29.2-44.4)	37	63.2%	(55.6-70.8)
	<b>12 years old</b>	137	35.0%	(26.1-43.9)	188	65.0%	(56.1-73.9)
	<b>13 years old</b>	198	41.4%	(35.6-47.1)	294	58.6%	(52.9-64.4)
	<b>14 years old</b>	105	40.0%	(31.8-48.2)	163	60.0%	(51.8-68.2)
<b>Grade</b>	<b>6th grade</b>	34	29.9%	(20.6-39.1)	84	70.1%	(60.9-79.4)
	<b>7th grade</b>	236	41.6%	(37.1-46.2)	351	58.4%	(53.8-62.9)
	<b>8th grade</b>	181	42.5%	(36.5-48.4)	243	57.5%	(51.6-63.5)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	19	67.1%	(42.8-91.5)	7	32.9%	(8.5-57.2)
	<b>Asian<sup>d</sup></b>	15	24.0%	(5.3-42.8)	28	76.0%	(57.2-94.7)
	<b>Black<sup>d</sup></b>	12	33.8%	(16.8-50.8)	23	66.2%	(49.2-83.2)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	11	44.3%	(14.2-74.3)	13	55.7%	(25.7-85.8)
	<b>White<sup>d</sup></b>	154	29.7%	(25.4-34.1)	331	70.3%	(65.9-74.6)
	<b>Hispanic/Latino</b>	209	45.3%	(39.3-51.3)	221	54.7%	(48.7-60.7)
	<b>Other/Multiple<sup>d</sup></b>	22	43.8%	(29.3-58.4)	32	56.2%	(41.6-70.7)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic.

## Resilience

**Table 61: Percentage of middle school students whose parents or other adults asked where they were going or who they would be with, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Never/Rarely			Sometimes			Most of the time/Always		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	212	19.0%	(15.7-22.3)	133	12.8%	(10.0-15.6)	740	68.1%	(64.1-72.2)
<b>Sex</b>	<b>Female</b>	77	14.1%	(10.2-18.0)	62	11.7%	(8.1-15.4)	397	74.2%	(69.9-78.5)
	<b>Male</b>	134	23.7%	(18.6-28.7)	71	13.9%	(10.2-17.6)	343	62.4%	(55.4-69.5)
<b>Age</b>	<b>11 years/younger</b>	13	22.9%	(14.7-31.1)	7	15.4%	(5.3-25.4)	29	61.7%	(50.8-72.7)
	<b>12 years old</b>	53	17.4%	(8.1-26.8)	42	13.3%	(9.1-17.6)	211	69.3%	(57.9-80.6)
	<b>13 years old</b>	102	20.8%	(16.8-24.7)	58	13.4%	(9.8-17.0)	307	65.8%	(61.0-70.6)
	<b>14 years old</b>	44	16.6%	(11.1-22.2)	26	9.9%	(5.7-14.1)	193	73.5%	(68.3-78.7)
<b>Grade</b>	<b>6th grade</b>	20	18.7%	(10.4-27.0)	13	13.0%	(5.8-20.2)	72	68.3%	(57.7-78.9)
	<b>7th grade</b>	128	23.2%	(20.2-26.1)	70	13.3%	(10.6-16.0)	358	63.5%	(59.2-67.8)
	<b>8th grade</b>	63	15.5%	(10.7-20.2)	47	11.9%	(7.6-16.2)	302	72.7%	(68.1-77.2)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	7	28.7%	(6.4-51.0)	4	13.2%	(0.0-26.8)	15	58.0%	(34.8-81.3)
	<b>Asian<sup>d</sup></b>	7	23.0%	(4.4-41.5)	2	3.0%	(0.0-7.4)	34	74.0%	(56.4-91.7)
	<b>Black<sup>d</sup></b>	5	9.6%	(0.1-19.1)	5	22.6%	(5.9-39.4)	23	67.8%	(51.2-84.3)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	5	22.1%	(4.4-39.9)	3	11.3%	(0.0-23.9)	15	66.6%	(48.2-85.0)
	<b>White<sup>d</sup></b>	80	17.8%	(14.1-21.4)	59	13.5%	(9.3-17.7)	325	68.8%	(62.4-75.1)
	<b>Hispanic/Latino</b>	87	19.3%	(13.9-24.6)	53	12.6%	(8.7-16.6)	262	68.1%	(63.0-73.3)
	<b>Other/Multiple<sup>d</sup></b>	9	22.4%	(7.4-37.3)	6	8.1%	(0.0-16.4)	39	69.6%	(54.6-84.5)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

**Table 62: Percentage of middle school students whose parents or other adults in their family ever talked with them about what they expect them to do or not to do when it comes to sex, by sex, age, grade, and race/ethnicity — Washoe County, Youth Risk Behavior Survey, 2015**

		Yes			No		
		N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)	N <sup>a</sup>	% <sup>b</sup>	C.I. <sup>c</sup> (95%)
<b>Washoe County</b>	<b>Total</b>	596	53.7%	(48.3-59.2)	486	46.3%	(40.8-51.7)
<b>Sex</b>	<b>Female</b>	305	56.9%	(52.1-61.6)	232	43.1%	(38.4-47.9)
	<b>Male</b>	291	50.8%	(43.3-58.3)	253	49.2%	(41.7-56.7)
<b>Age</b>	<b>11 years old or younger</b>	17	36.4%	(17.0-55.8)	34	63.6%	(44.2-83.0)
	<b>12 years old</b>	148	49.1%	(44.0-54.2)	153	50.9%	(45.8-56.0)
	<b>13 years old</b>	264	56.1%	(50.6-61.6)	205	43.9%	(38.4-49.4)
	<b>14 years old</b>	167	66.8%	(61.6-72.0)	94	33.2%	(28.0-38.4)
<b>Grade</b>	<b>6th grade</b>	44	42.0%	(32.1-51.9)	63	58.0%	(48.1-67.9)
	<b>7th grade</b>	293	54.5%	(49.3-59.6)	256	45.5%	(40.4-50.7)
	<b>8th grade</b>	251	62.1%	(56.9-67.2)	163	37.9%	(32.8-43.1)
<b>Race/Ethnicity</b>	<b>American Indian/Alaska Native<sup>d</sup></b>	12	48.1%	(22.6-73.6)	13	51.9%	(26.4-77.4)
	<b>Asian<sup>d</sup></b>	18	35.9%	(22.6-49.2)	25	64.1%	(50.8-77.4)
	<b>Black<sup>d</sup></b>	17	57.6%	(40.3-74.9)	15	42.4%	(25.1-59.7)
	<b>Native Hawaiian/Pacific Islander<sup>d</sup></b>	10	42.7%	(19.9-65.5)	13	57.3%	(34.5-80.1)
	<b>White<sup>d</sup></b>	261	53.2%	(45.6-60.7)	201	46.8%	(39.3-54.4)
	<b>Hispanic/Latino</b>	230	54.1%	(46.9-61.3)	170	45.9%	(38.7-53.1)
	<b>Other/Multiple<sup>d</sup></b>	36	66.2%	(52.0-80.5)	17	33.8%	(19.5-48.0)

<sup>a</sup> The sample size in the total and subgroups may differ due to missing data

<sup>b</sup> Weighted row percent

<sup>c</sup> 95% confidence interval

<sup>d</sup> Non-Hispanic

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